

Assertive Community Treatment (ACT)

ACT is a mobile, clinical mental health treatment team which includes a prescriber, mental health professional, an administrative assistant and a team leader. The team's mission is to provide short-term (1-2 years) treatment, rehabilitation, and intensive supports to people in the community to help them re-connect to traditional clinic services. Program capacity is 65 and the staff to client ratio is 1:10. ACT also provides services to individuals who are court ordered (pursuant to MHL 9.60) to participate in Assisted Outpatient Treatment. **Please note: eligibility requirements include 2 inpatient stays within the last 12 months or a single 60-day stay.**

Intensive Case Management (ICM)

Services are targeted to individuals with a primary diagnosis of SMI and high service/support needs. Services include assertive outreach and support to coordinate and monitor treatment, advocacy and linkages to community based and other natural support systems and work toward the goal of reducing reliance on emergency and inpatient services. Consider HHCM first if there is no prior case management history. Case load size is typically 1:12 but can be 1:15. ICM serves Health Home Plus members and are seen between 2-4 times per month. Frequency of visits are reduced as the individual transitions towards stepping down to health Home Care Management. ICM also provides services to individuals who are court ordered (pursuant to MHL 9.60) to participate in Assisted Outpatient Treatment. **Please note: eligibility requirements include 3 inpatient stays within the last 24 months, or are considered a 1S, 1SV, or 2S designee by a correctional facility.**

ACT and ICM services require an Adult SPOAA referral, which can be found at <https://ocgov.net/oneida/mentalhealth/adultspaaa>

Care Management:

Eligibility Requirements: Individuals must have a documented primary diagnosis of serious mental illness and older than age 18.

Health Home Care Management (HHCM)

Health Home Care Management is a system of care coordination. Care Managers provide a single point of contact for clients and their families for all mental, healthcare and social service needs. Clients are seen a minimum of once per month or as needed. Care Managers can assist with medical needs, appointments, and support, as well as identifying goals to improve health and wellbeing. Unlimited capacity. **Clients must have Medicaid or be Medicaid eligible, although services are also available for those without Medicaid, such as Medicare or Commercial Insurances.**

If only referring to HHCM, a community referral can be completed and can be found at <https://ocgov.net/oneida/mentalhealth/adultspaaa>. If requesting joint services, a full ASPOAA referral will need to be completed.



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Adult Single Point of Access and Accountability (ASPOAA)

Provider Descriptions and Eligibility Criteria for Residential and Case Management Services

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Catholic Charities - Community Residence (CR)

A community residence is an OMH certified program in a 24-hour supervised residential setting, designed individuals in need of training and experience in the activities of daily living. The Community Residence Program provides a comfortable, furnished environment with access to support on-site services. There are specialized houses such as MICA, MI/MR, and Geriatric. Residents are expected to participate in daily activities to maintain the residence, like cleaning, shopping, cooking, etc. They are also expected to engage in activities outside of the residence. Individuals must be able to ambulate and complete stairs independently, able to complete a self-preservation test in less than 3 minutes and able to administer medications independently (with the supervision of staff). Individual's usually share a room and are expected to transition out within approximately 2 years. (315) 724-2158 x7013.

Enriched Living Center (ELC)

The Enriched Living Center is an OMH licensed, 52 single room residential facility that provides 24-hour staff supervision, 7 days a week. The goal of the ELC is to assist and empower individuals to live as independently as possible in a stable, community-based supportive housing environment. Services include medication supervision and management, transportation to appointments, representative payee services, coordination of health services, and support and monitoring with activities of daily living. The ELC offers cafeteria-style dining and meals are included in the program fee. Residents should be willing to engage in mental health treatment and are expected to participate in activities that promote psychiatric rehabilitation and community integration. Residents should be independent with daily living skills; be able to walk up and down stairs; and be able to complete a self-preservation test in less than 3 minutes. The average length of stay is 4 years. (315) 735-1645 x2120.

Residential Services

Eligibility Requirements: Individuals must have a documented primary diagnosis of serious mental illness and older than age 18.

Mohawk Valley Psychiatric Center - State Operated Community Residences (SOCR) and Transitional Living Center (TLC)

There are two, 12-bed each, SOCR's located in Whitesboro, NY and Yorkville, NY. The TLC is a 10 bed residence in Utica, NY and is located on the MVPC grounds. Programs include 24-hour, 7 day a week staff supervision. MVPC functions on a person centered approach to engage individuals during their recovery from mental illness in the development of skills necessary for successful reintegration into the community. Individuals typically share a room. The anticipated length of stay within the programs are three to nine months. TLC (315) 738-2669, Whitesboro SOCR (315) 736-8575 and Yorkville SOCR (315) 768-4710.

Please note: referral priority is given to individuals being discharged from a state psychiatric facility.

Catholic Charities - Pathways to Independent Living (APT)

Pathways to Independent Living is an OMH certified program that provides services to clients in an apartment setting. Counselors are available Monday-Friday to meet with clients and support them with basic skills such as tracking appointments, coordinating transportation, cleaning, and grocery shopping. Individuals in the program will be seen at a minimum of once a week. During their stay, clients are encouraged and supported in their efforts to become part of the greater community. Individuals must be able to ambulate and complete stairs independently, to complete a self-preservation test in less than 3 minutes and able to administer medications independently. Some apartments are double occupancy and individuals are expected to transition out within approximately 2 years. (315) 724-2158 x7013.

All residential services require an Adult SPOAA referral, which can be found at <https://ocgov.net/oneida/mentalhealth/adultspsaa>

Catholic Charities - Supported Housing (SH)

Supported Housing offers rental stipends, start up resources (as the budget allows), and a minimum of 1 visit each month to discuss housing. Individuals need to be self-sufficient and have the ability to live independently. Supported housing has various sub-programs, as listed below.

Supported Housing (SH) - Must be homeless or living in a transitional setting.

Long-Term Supported Housing (LTSH) - Must have a 6-month continuous stay in an OMH psychiatric center, OMH residential program, or state correctional facility.

Medicaid Re-Design Team (MRT) - Must be a high utilizer of Medicaid services, Health Home eligible (to include discharges from Article 28 or 31 hospitals and/or adult nursing homes).

Transformation Supported Housing (TSH) - Must meet one of the following: being discharged from a state psychiatric center or residential program; being discharged from an Article 28 or 31 hospital; high user of Medicaid and referred by Health Home; verified 4+ ER visits or admissions over 12 months; admission to a CR greater than 2 years; admission to apartment program greater than 3 years; or currently homeless/living in a shelter.

DePaul Single-Site Supported Housing

A Single-Site Supportive Housing Program, is a non-licensed New York State Office of Mental Health program that provides long-term or permanent housing where residents can access the support services they require to live successfully in the community. Each unit is fully furnished and include start-up items such as linens, dishes, silverware, and pots/pans. Heat, air conditioning, hot water and electric are included in the rent. Rent for tenants is thirty percent of one's income or the Department of Human Services (DHS) shelter rate. The security deposit is paid by DePaul. On-site services are available, such as Housing Specialists to teach skills and assist tenants in linking to community resources. Units located in both Rome and Utica. (855) 348-4452.