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Picente Honors Winners of “Maintain- Don’t Gain” Initiative

Oneida County Executive Anthony J. Picente, Jr. was joined by Dr. Gayle Jones of the Oneida County Health Department to honor the winners of the “Maintain- Don’t Gain” Initiative. The Oneida County Employees honored were Michelle Jones, Donna Anglin, and Sandra Pejicic.

As part of the initiative, employees participated by registering online and recording their weight throughout the holiday season. Once registered, participants received a Physical Activity Log, Weight Log, MAINTAIN- Don’t Gain Recipe Book and a Weekly Newsletter with helpful tips.

Those who stayed within one pound of their pre-holiday weight received a Completion Certificate and in some cases a chance to win prizes sponsored by their employer.