

**Oneida County Office for the Aging
Nutrition Program for the Elderly**

MAY 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SUBJECT TO CHANGES		1 White Chicken Chili Brown Rice Carrots Corn Bread Chocolate Chip Cookie*	2 Hawaiian Pork Sweet Potatoes Cauliflower Wheat Bread Spring Fruit Cup	3 Meatloaf with Gravy Mashed Potatoes Spinach Wheat Bread Tropical Fruit
6 Chicken Patty with Cheese Oven Brown Potatoes Broccoli Hamburger Bun Cinnamon Pears	7 <u>CINCO DE MAYO</u> Fiesta Chunky Salsa Burger Mexican Rice Aztec Blend Vegetables Rio Grande Roll Mayan Apple Crisp with Topping	8 BBQ Chicken Baked Beans Green Beans Wheat Bread Vanilla Pudding*	9 Oven Brown Fish Macaroni & Cheese Stewed Tomatoes Wheat Bread Strawberry Applesauce	10 <u>MOTHER'S DAY</u> Baked Ham with Fruit Sauce Au Gratin Potatoes Spring Peas Whole Wheat Dinner Roll Poke Cake *
13 Kielbasa Hot German Potato Salad Cabbage/Carrots Wheat Bread Tropical Fruit	14 Minestrone Soup Peanut Butter & Jelly Sandwich Wheat Bread Pineapple Cobbler	15 Chicken Breast Supreme Brown Rice Pilaf Capri Blend Vegetables Wheat Bread Fruit Cup	16 <u>SPRING BREAKFAST</u> Scrambled Eggs With Peppers & Onions Home Fries Seasoned Greens Cinnamon Swirled Coffee Cake	17 Tuna Noodle Casserole Wax Beans Wheat Bread Strawberry Yogurt Parfait
20 Chicken Parmesan with Sauce and Mozzarella Pasta with Sauce Italian Blend Vegetables Wheat Bread Lemon Pudding*	21 Sweet N Sour Meatballs Parsley Buttered Noodles Oriental Blend Vegetables Wheat Bread Cinnamon Peaches	22 Roast Turkey with Gravy Sweet Potatoes Brussel Sprouts Wheat Bread Apples with Cranberries	23 BBQ Pork Oven Brown Potatoes California Blend Vegetables Hamburg Bun Mandarin Oranges	24 Chicken Cordon Bleu Casserole Brown Rice Mixed Vegetables Wheat Bread Pineapple Tidbits
27 MEMORIAL DAY CLOSED	28 <u>SPRING PICNIC</u> Beef Hot Dog Cowboy Baked Beans Carrots Hot Dog Roll Tropical Fruit	29 Fish Sandwich with Cheese O'Brien Potatoes Cauliflower Hamburger Bun Chocolate Mint Cookie*	30 Chicken Bacon Ranch Pasta Broccoli Wheat Bread Diced Pears	31 Macaroni & Cheese Stewed Tomato Wheat Bread Warm Peach Crisp

