

**Bicycle & Pedestrian
Trail Guide**

The top-left image shows a waterfall cascading over rocks in a wooded area with autumn foliage. The top-right image shows a wooden covered bridge with a sign that reads "TOBIE TRAIL".



2016

The middle-left image shows a paved path curving through a green forest. The middle-right image shows a paved path through a forest with trees in full autumn foliage.



**Herkimer & Oneida
Counties**

The bottom-left image shows two bicyclists on a path near a river with autumn trees in the background. The bottom-right image shows a picnic shelter with a table and benches on a grassy area next to a paved path.



This report is derived from the activities outlined in the Unified Planning Work Program and is a direct product of the Herkimer-Oneida Counties Transportation Study, Long-Range Transportation Plan Update 2035. Financial assistance for the preparation of this document was provided by the Federal Highway Administration Section 5303 (capital) funds. The views and opinions expressed herein do not necessarily reflect the official views or policies of the U.S. Department of Transportation.

In response to growing interest in bicycle and pedestrian activities, the Herkimer and Oneida Counties Bicycle and Pedestrian Trail Guide was created by the Herkimer-Oneida Counties Transportation Study (HOCTS). This guide is meant to provide useful information to all bicyclists and pedestrians, whether their interest is in transportation, recreation or touring.

In Herkimer and Oneida Counties, signed NYS Bike Routes 5, 8, 12, 20, 233 and 365 traverse the landscape. Bicyclists and pedestrians will experience noticeable changes in topography as they travel through Herkimer and Oneida Counties, ranging from flat terrain near the Erie Canal and along the Mohawk River to rolling hills and challenging grades when entering and leaving the river valleys and foothills of the Adirondack Mountains. In addition, the Erie Canalway Trail will provide off road facilities that span the two counties east to west, when completed. A popular suburban multi-use trail, the Rayhill Trail, provides a link between the towns of New Hartford, Whitestown and the Village of New York Mills. The City of Utica has designated an on-road Bike Loop that leads to cultural attractions, and the Tobie and Black River trails provide scenic views of both the central and southern Adirondacks.

This Guide is also available online at www.hocts.org.

Hard copies may be obtained free of charge by contacting HOCTS:

Herkimer-Oneida Counties Transportation Study

Boehlert Center @ Union Station, 321 Main Street, Utica, NY 13501, (315) 798-5710



On the cover: Tobie Trail, BREIA Trail (Boonville Black River Canal Trail), Mohawk River Trail (MRT), Black River Feeder Canal Trail

On reverse cover page: Tobie Trail, Mohawk River Trail (MRT), Chenango Canal Towpath Trail

Above: Tobie Trail Pedestrian Bridge, BREIA Trail Head, Black River Feeder Canal Path, Erie Canalway Trail, Tobie Trail Covered Bridge

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MULTI-USE TRAILS

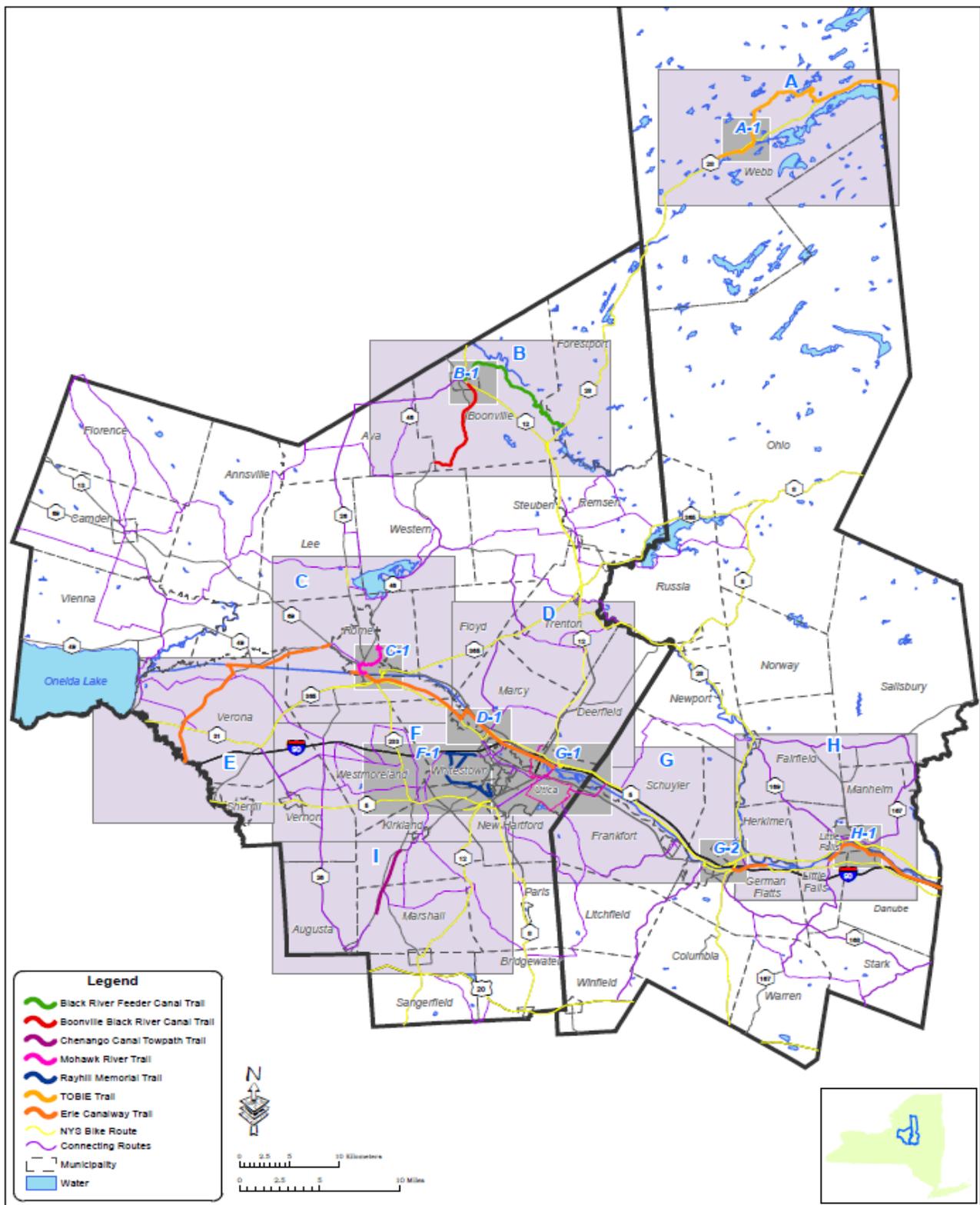
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Using the Atlas

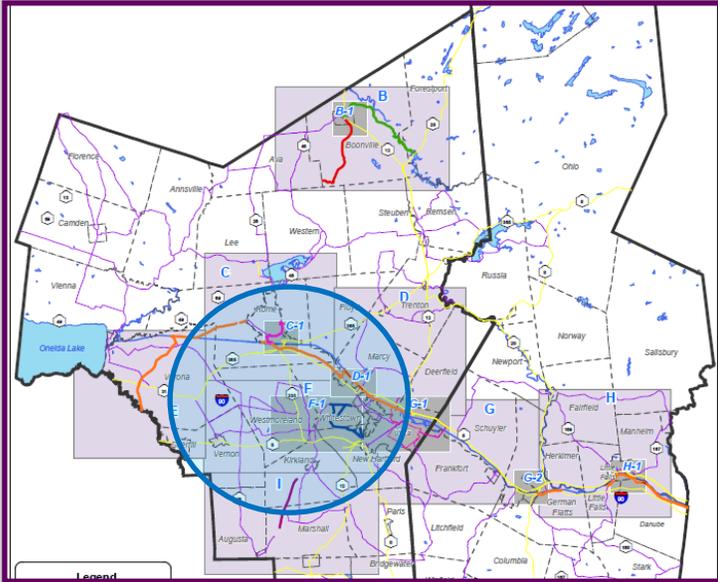
The shaded areas of the map denote locations where there are multi-use trails, state or local bike routes and suggested on-road connections. Each shaded area is marked with a corresponding letter, A-I. The inset maps provide more detailed information for those locations.



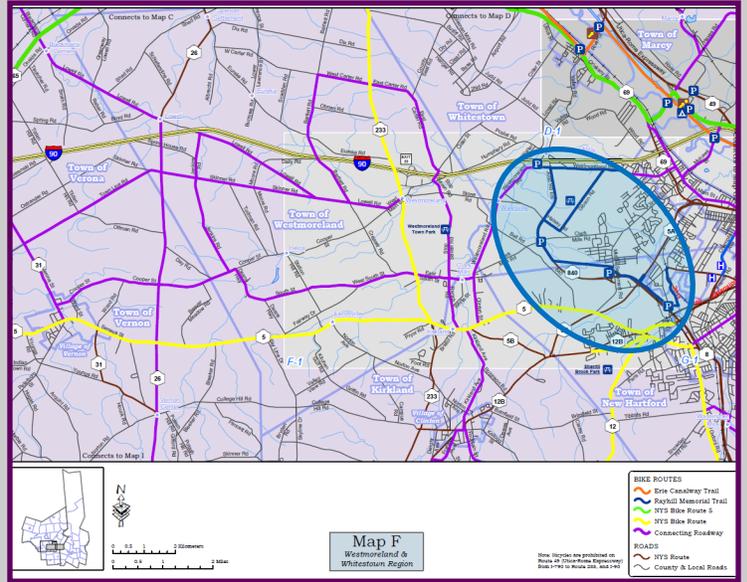
Using the Atlas

Use these simple steps to find your favorite local rides:

Step 1: Find Your Town



Step 2: Find Your Trail



Step 3: Read About Your Ride

Philip A. Rayhill Memorial Trail (North)

See Maps F and F-1

The Philip A. Rayhill Memorial Trail (North) is a 4.95 mile section of the Rayhill Trail that connects to the Whitestown Community Center, the Whitestown sidewalk system and the Whitestown Park using a variety of paved on and off road surfaces.

This section of the trail begins at a trailhead parking lot at the intersection of Clark Mills Road and Route 840 in the Town of New Hartford and proceeds north towards Whitestown.

Although the majority of this trail traverses independent paved surfaces and sidewalks, a portion of the trail from Halsey Road to Westmoreland Road along Judd Road (Rt. 840) utilizes the widened road shoulder.

(Connects to Philip A. Rayhill Memorial Trail (South))

Terrain: Flat and Moderate Slope

Length: 4.95 miles

Configuration: Loop

Surface and Riding Type: Asphalt and Sidewalk

Trailhead Location: Clark Mills Road and Westmoreland Road.

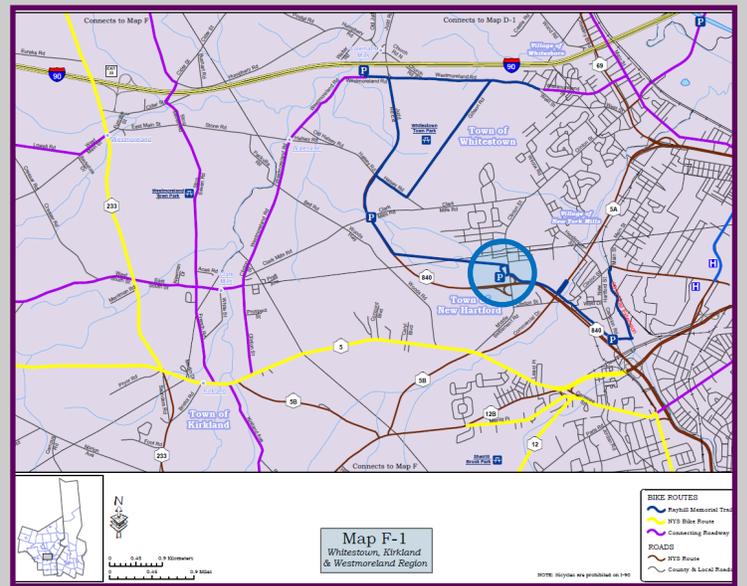


The trail connects to Whitestown Park.



Whitestown park offers picnic areas, playgrounds, bathrooms, and many other amenities to trail users.

Step 4: Ride or Drive to Trailhead



Bike Atlas Legend

Campground	Bicycle Routes	Interstate
Hamlets	Black River Feeder Canal Trail	US Highway
Hospital	Boonville Black River Canal Trail	NYS Highway
Parking/Trailhead	Chenango Canal Towpath Trail	Streams & Creeks
Train Station	Erie Canalway Trail	Water
Point of Interest	Mohawk River Trail	Insets
State & Town Parks	Phillip A. Rayhill Memorial Trail	Municipality
Tourist Info	TOBIE Trail	
	Connecting Routes	
	Roads	
	Interstate	
	US Highway	
	NYS Route	
	County & Local Roads	
	Railroad	

Terminology

Bicycle routes and multi-use trails are designed to accommodate both bicycle and pedestrian traffic. Bicycle routes typically utilize road shoulders along many roads as dedicated bicycling infrastructure is limited in the two counties. Most roads have shoulders that range from 4' to 12' wide and will vary in condition. Multi-use trails are typically located on exclusive rights-of-way such as abandoned railroad beds, canal towpath, or within parks.

NYS Bicycle Routes

New York State designated Bicycle Routes 8, 12, 28, 233 and 365 are considered shared roadways and are highlighted in **yellow**. The vehicular speed limit on these routes is typically 55 mph. The on-road touring routes are intended for experienced adult cyclists. Please ride with caution!

Detailed information on the New York State Bike Route System is available by contacting the NYS Department of Transportation Bicycle & Pedestrian Program, 50 Wolf Road, Albany, NY 12232 (518) 457-8307. www.dot.ny.gov/bicycle.

NYS Bike Route 5

New York State Bike Route 5 is indicated in **green**. This route begins in Albany and ends in Niagara Falls. In Herkimer and Oneida Counties Bike Route 5 generally follows NY State Route 5 but deviates in several locations to follow more suitable roads; the speed limit is 55 mph in rural areas and is reduced in suburban areas and villages.

Connecting Roadways

These roads are practical, and in many cases scenic, connections between designated bicycle routes and points of interest. The connecting roads are also meant to join urban and suburban areas to designated bicycle routes and multi-use trails. Please note that road shoulder width and surface conditions may vary along these roads. For the purpose of this guide, they are indicated in **purple**.

Existing Multi-Use Trails

Multi-use trails in Herkimer and Oneida Counties typically accommodate bicyclists, pedestrians, in-line skaters and other users. Surface types range from concrete and asphalt to stone dust and natural surfaces. Individual multi-use trails are indicated using unique identifying colors.



Laws for Bicyclists

Riding on the Road

- You have the legal right to ride a bicycle on most public highways, except interstate highways and certain expressways (roadways prohibitive of bicycles will be signed as such).
- When riding on the road, you have all of the rights and are subject to all of the duties applicable to the driver of a vehicle [Section 1231, NYS Vehicle & Traffic Law]
- You must obey all traffic signals, signs and pavement markings [Section 1230(a) NYS Vehicle & Traffic Law].

Where to Ride

- Always ride in the same direction as traffic [Section 1234(a), NYS Vehicle & Traffic Law].
- If there is a bicycle lane you must use it [Section 1234(a), NYS Vehicle & Traffic Law].

Turning

- Use hand signals before you make a turn [Section 1237, NYS Vehicle & Traffic Law].
- Your position when preparing for a turn is governed by the turning rules that apply to other traffic [Section 1234(b), NYS Vehicle & Traffic Law].

Helmets

- Helmets are required for everyone under 14 years old.
- Child passengers ages 1 through 4 must also ride in a child safety seat.
- Children under the age of 1 are prohibited from being transported on a bicycle [Section 1238(5), NYS Vehicle & Traffic Law].

Equipment

- A Bicycle must be equipped with:
 - A brake capable of making the tires skid on dry level pavement
 - A bell, horn or other audible device that can be heard at least a hundred feet away.
 - A headlight and taillight, front and rear reflectors, spoke reflectors and pedal reflectors to be used when riding at night [Section 1236, NYS Vehicle & Traffic Law].

Safety

- Keep at least one hand on the handlebar at all times [Section 1235, NYS Vehicle & Traffic Law].
- Never wear more than one earphone attached to an audio device [Section 375 (24-a), NYS Vehicle and Traffic law].

Sources: NYSAMPO Fact Sheet Safety, www.nysmpos.org

<http://www.safeny.ny.gov/bike-vt.htm>

<http://www.safeny.ny.gov/bike-ndx.htm>



Laws for Pedestrians

General

- Obey all traffic signals, signs and pavement markings when you are crossing a street [Section 1150, NYS Vehicle & Traffic Law].

Street Crossing and Where to Walk

- When you are in a crosswalk where there isn't a traffic control signal, drivers must yield the right of way to you [Section 1151, NYS Vehicle & Traffic Law].
- At mid-block locations, if there isn't a crosswalk, sign, or signal, you must yield the right-of-way to all vehicles on the roadway [Section 1152, NYS Vehicle & Traffic Law].
- Use sidewalks where they are provided and safe to use. When there are no sidewalks, walk on the left side of the roadway or shoulder, facing traffic [Section 1156-b, NYS Vehicle & Traffic Law].



Tips for Pedestrians, Bicyclists and Drivers

Pedestrians

- See and be seen! Wear bright and/or reflective clothing, especially at night. (<http://www.safeny.ny.gov/peds-ndx.htm>).

Bicyclists

- Every bicyclist should wear an approved helmet to reduce the risk of sustaining a serious head injury. A helmet should fit squarely on top of the head in a level position and cover the top of the forehead extending down to an inch above the eyebrows. The helmet should not be able to slide back and forth on the head or rock from side to side.
- Warn others before you pass—use your bell and call out “on your left”.
- Establish eye contact with drivers and pedestrians before making a turn or changing lanes.
- Be visible and predictable! Wear bright or reflective clothing. Ride in a straight line. Do not weave in and out of traffic. Leave 3 feet between yourself and parked cars so you can avoid a door that opens unexpectedly.

Drivers

- Always be vigilant when pedestrians are present, especially those with visual or physical impairments.
- When parked on the street, check for bicyclists approaching from behind you before opening your car door.
- At intersections, pedestrians have the right of way and you must yield to them.
- In areas of open roadways, pedestrians yield to vehicles.

Sources: NYSAMPO Fact Sheet Safety, www.nysmpos.org

<http://www.safeny.ny.gov/bike-vt.htm>

<http://www.safeny.ny.gov/peds-vt.htm>

<http://www.safeny.ny.gov/bike-ndx.htm>

<http://www.safeny.ny.gov/peds-ndx.htm>



Multi-Use Trail Features

Trail Name	Location on Trail	Terrain	Surface Type	Informational Kiosk	Signage Quality	Restrooms *	Picnic Areas	Benches	Connections	Lighting	Cellular Service	Potable Water *	Parking Area	Pet Friendly	Closed Dates
Black River Feeder Canal Trail (9.86 miles)	Beginning	Flat	Stone Dust	None	Poor	At Erwin Park Across Bridge and Up Hill	At Erwin Park	At Erwin Park	None	Some At Erwin Park	Good	At Erwin Park	Yes	Yes	Becomes Snowmobile Trail through Winter Season
	Middle	Flat	Stone Dust/ Dirt	None	Poor	None	None	Few Along Trail	None	None	Good	None	None	Yes	
	End	Flat	Stone Dust	None	Poor	At Black River Fishing Access (Portable)	At Black River Fishing Access	None	None	None	Good	None	Yes	Yes	
(BREIA) Boonville Black River Canal Trail (7.29 miles)	Beginning	Flat	Stone Dust	At Trail Head area before bridge	Poor, Called Canal Walkway	None	None	At Trail Head	None	At Trail Head	Strong	None	Yes	Yes	BREIA Trail Closed to Bicyclists and Dogs in Winter due to XC Skiing Trail Grooming
	Middle	Rolling Hills	Grass	At BREIA Trail Head behind Shopping Plaza and Road Crossings	Poor, Called BREIA Trail	None	None	None	Donner Trail Hillside Trail	None	Moderate - Weak	None	None	Yes	
	End	Rolling Hills	Grass	At Pixley Falls and BREIA trail end	Poor, Called BREIA Trail	At Pixley Falls (Portable)	At Pixley Falls with Gills and Pavilion	At Trail Head	None	None	None	None	Yes	Yes	
Chenango Canal Towpath (4.5 miles)	Beginning	Flat	Grass/ Dirt	None	Difficult to find Trail Head locations	None	None	None	None	None	Moderate	None	Yes	Yes	None
	Middle	Flat	Grass/ Dirt	None	Moderate	None	None	Yes	None	None	Moderate	None	Yes	Yes	
	End	Flat	Stone Dust/ Dirt	None	Difficult to find Trail Head locations	None	None	Yes	Connection to proposed trail	None	Moderate	None	None	Yes	
Errie Canal Trail (40.68 miles)	Durhamville to Errie Canal Village (Rome)	Flat	Paved/ Stone Dust	At Lock 21	Good	At Errie Canal Village	At Lock 21	Yes	None	None	Moderate - Good	None	Yes	Yes	None
	Bellamy Harbor Park (Rome) to Utica	Flat	Paved/ Stone Dust	At Lock 20 and some Trail Heads	Good	At Lock 20	At Lock 20	Yes	To Mohawk River Trail	None	Moderate - Good	None	Yes	Yes	
	Herkimer	Flat	Paved/ Stone Dust	None	Good	Gazebo at Ft. Herkimer Church	Gazebo at Ft. Herkimer Church	Yes	None	None	Moderate - Good	None	Yes	Yes	
Little Falls	Flat	Paved/ Stone Dust	At Little Falls Harbor and Lock 17	Good	At Little Falls Harbor	At Little Falls Harbor and Lock 17	Yes	None	None	Moderate - Good	None	Yes	Yes	None	

*Columns with an asterisk indicate features are only open during the summer season

Multi-Use Trail Features *continued*

Trail Name	Location on Trail	Terrain	Surface Type	Informational Kiosk	Signage Quality	Restrooms *	Picnic Areas	Benches	Connections	Lighting	Cellular Service	*Potable Water	Parking Area	Pet Friendly	Closed Dates
Mohawk River Trail (3.97 miles)	Beginning	Flat	Paved	None	Good	None	None	Yes	None	Bellamy Park	Strong	None	Yes	Yes	None
	Middle	Flat	Paved	None	Good	Rome City Park	Rome City Park	Yes	None	None	Strong	None	Yes	Yes	None
	End	Flat	Paved	None	Good	None	None	None	None	None	Strong	None	Yes	Yes	None
Philip A. Rayhill Memorial Trail (South) (5.22 miles)	Beginning	Flat	Paved	None	Strong	None	None	None	To Rayhill Trail Extension	None	Strong	None	Yes	Yes	None
	Middle	Small Incline/Decline	Paved	Along Wetlands and at Trail Head Locations	Strong	None	None	Along Wetlands	To New Hartford Sidewalks	None	Strong	None	None	Yes	None
	End	Flat	Paved	At Trail Head Near New Hartford Town Offices	Strong	None	None	At Trail Heads	To NY Mills Sidewalks	None	Strong	None	Yes	Yes	None
Philip A. Rayhill Memorial Trail (North) (4.95 miles)	Beginning	Rolling Hills	Paved	None	Poor	None	None	None	To Rayhill Trail	None	Strong	None	Yes	Yes	None
	Middle	Flat	Paved	None	Poor	At Whites town Park	At Whites town Park	At Whites town Park	To New Hartford Sidewalks	None	Strong	None	Yes	Yes	None
	End	Rolling Hills	Paved	None	Poor	None	None	None	To Rayhill Trail	None	Strong	None	Yes	Yes	None
Tobie Trail (16.81 miles)	Beginning	Flat	Paved/Stone Dust	None	Strong	Train Station	None	Pedestrian Bridge	McCauley Mountain Hike/Bike Trails	Pedestrian Bridge	Strong	None	Yes	Yes	None
	Middle	Rolling Hills	Dirt	At Old Forge Information Center	Poor	Old Forge Information Center	North Street Pavilion	O.F. Lake Front	Snowmobile Trail System	None	Strong in O.F. none past end of North Street	Old Forge Information Center	Yes	Yes	September 14th - April 1st
	End	Rolling Hills	Paved/Stone Dust	Information available at Inlet Information Center	Moderate	Eagle Bay Info Center and Inlet Town Park	Eagle Bay Info Center and Inlet Town Park	Inlet Town Park	Bub and Sis Hiking Trail, Rocky Mountain Hiking Trail, Moss Lake Hike/Bike Trail	None	None	Eagle Bay Information Center and Inlet Town Park	Yes	Yes	None

*Columns with an asterisk indicate features are only open during the summer season

Recreational Facility Trail Features

Recreational Facility Name	Address	Terrain	Surface Type	Restrooms *	Picnic Areas	Benches	Lighting	Potable Water *	Parking Area	Pet Friendly	Hours
Oneida County											
Deerfield Wilderness Park	6296 Walker Rd., Utica, NY 13502	Mostly Flat, Few Hills	Stone Dust/ Grass	Yes	Yes & Pavilion	Yes	No	No	Yes	No	Closes at 9:00pm
Kirkland Town Park	3328 Post St., Clinton, NY 13323	Mostly Flat, Some Hills	Paved/ Dirt	Yes	Yes	Yes	Some in Main Park Area	No	Yes	Yes	Closes at 7:00pm
F.T. Proctor Park	Ludlow Ave., Utica, NY 13502	Mostly Flat, Few Hills	Paved/ Stone Dust	Yes	Yes & Pavilion	Yes	No	No	Yes	Yes	8:00am - 9:00pm
T.R. Proctor Park	1803 Welshbush Rd. & Culver Ave., Utica, NY	Mostly Flat, Few Hills	Paved/ Stone Dust	Yes	Yes	Yes	On Park Fields	No	Yes	Yes	8:00am - 9:00pm
Sherrill Brook Town Park	4230 NY 12 (New Paris Rd.), New Hartford, NY 13413	Mostly Flat, Few Hills	Paved/ Dirt	Yes	Yes & Pavilion	Yes	Some in Main Park Area	Yes	Yes	Yes	Closes at Dark
SUNY Poly/Connecting Trail	5701 Horatio St., Utica, NY 13502	Mixed	Stone Dust/ Dirt	No	No	Yes	Partial	No	Yes	Yes	Sunrise to Sunset
Switchback Trails (Roscoe Conkling Park)	Master Garden Rd., & Steele Hill Rd., Utica, NY 13501	Hills	Paved	No	No	Yes	No	No	Yes	Yes	8:00am - 9:00pm
Trenton Greenbelt Trails (NO BIKES)	7808-7920 Wood Road, Holland Patent, NY 13354	Flat	Dirt/ Grass	Yes Outhouse	Yes	No	No	No	Yes	Yes	Unknown
Town of Paris Recreation Park	2580 Sulphur Springs Rd., Sauquoit, NY 13456	Rolling Hills	Paved/ Dirt/ Grass	Yes	Yes & Pavilion	Yes	Some in Main Park Area	No	Yes	Yes	Closes at Dark
Trenton Town Park (Barneveld)	8741 Fish Hatchery Rd., Remsen, NY 13438	Rolling Hills	Stone Dust/ Grass	Yes	Yes	Yes	None	No	Yes	Yes	Closes at dark
Herkimer County											
HCCC Nature Trail (NO BIKES)	Homyk Rd., Herkimer, NY 13350	Hills	Dirt	No	Yes	Yes	No	No	Yes	Yes	Closes at Dark
McCauley Mountain	McCauley Rd., Old Forge, NY 13420	Hills	Dirt/Grass	No	No	No	No	No	Yes	Yes	Unknown
Russell Park Ilion	Park Rd., Ilion, NY 13357	Hills	Dirt/ Grass/ Stone Dust	Yes	Yes & Pavillions	Yes	No	No	Yes	Yes	7:00am - 9:00pm
Russia Town Park - Kuyahoora Valley Town Park	28 Cold Brook St. Poland, NY 13431	Rolling Hills	Grass/ Dirt	Yes	Yes	Yes	No	No	Yes	Yes	Closes at Dusk
Waterfront Trail - Healthy Heart Fitness Trail at Bentons Landing	Seeley St., Little Falls, NY 13365	Flat	Paved/ Stone Dust	No	Yes at Lock 17	Yes with Artwork	Partial	No	Yes	Yes	Unknown
* Columns with an asterisk indicate features are only open during the summer season											

Black River Feeder Canal Trail

See Maps B and B-1

The approximately 10-mile Black River Feeder Canal trail is part of a New York State Canal Corporation improvement project to rehabilitate the tow-path that follows the Black River Feeder Canal. The feeder canal ends in Forestport where you can observe the Forestport Reservoir Dam. From Forestport it is possible to connect into NYS Bike Route 28.

The route is remote and scenic with a deep hemlock forest covering the steep slopes above the canal and down to the Black River. A large section of the trail has been resurfaced with stone dust. There are large lily ponds along the canal and you may see ducks, herons, kingfishers and other native wildlife along the way.

Terrain: Flat

Length: 9.86 miles

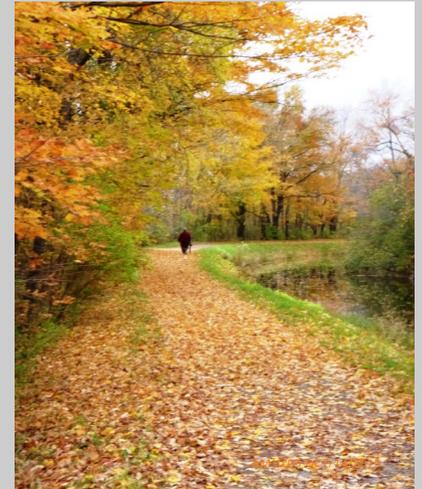
Configuration: Point to Point

Surface and Riding Type: Stone dust and dirt

Trailhead Locations: Erwin Park (Feeder Street, off Route 12 just north of Route 12/Route 12D junction) and at Dutch Hill Road in Forestport.



Start of trail at Erwin Park.



Pedestrian enjoying the foliage while walking the trail.



Picnic area at Black River fishing access in Forestport.



Scenic pond along the Trail.

BREIA Trail (Boonville Black River Canal Trail)

See Maps B and B-1

The 77-mile Black River Canal was an engineering marvel of the 19th century. Built between 1837 and 1855, the Black River Canal connected the Erie Canal with the Black River. The southern section of the overland canal linked Rome and Boonville, a distance of 25 miles. Following the rugged Lansing Kill Gorge, this section of the canal rose 693 feet and required 70 locks. The northern section of the overland canal connected Boonville and Lyons Falls, a distance of 10 miles. This section of the canal descended 386 feet and required 39 locks. All together, the Black River Canal had 109 locks—still a world record. Between Lyons Falls and Carthage, a distance of 42 miles, the Black River itself was canalized for slack-water navigation. By giving the North Country access to eastern and mid-western U.S. commercial markets, the Black River Canal was instrumental in the region's growth and prosperity. (blackrivercanalmuseum.org 2010)

Today, the Boonville Black River Canal Trail runs along the southern section of the original canal, connecting to the Black River Environmental Improvement Area (BREIA) trail system, the Boonville Youth Athletic Association ball fields and the Headwaters Shopping Plaza. The trail terminates just south of Pixley Falls State Park at the BREIA Trail Head on NYS Route 46.

Terrain: Mostly flat with some rolling hills

Length: 7.29 miles

Configuration: Point to Point

Surface and Riding Type: Dirt and Grass

Trailhead Locations: Boonville Search & Rescue building at Headwaters Plaza, Route 12, Boonville; BREIA, Egypt Road, Boonville; Pixley Falls State Park, Route 46, Boonville.



An original bowstring cast-iron truss bridge carries the trail over the canal just south of Main Street in Boonville.



Pixley Falls State Park.



Picnic pavilion at Pixley Falls State Park.



Foliage along the trail.

Chenango Canal Towpath

See Map I-1

The 4-mile Chenango Canal Towpath Trail is located in the towns of Marshall and Kirkland. The towpath, which runs parallel to Route 12B, provides a great opportunity for bicyclists to ride along the banks of the Oriskany Creek from Deansboro to Kirkland.

Construction and subsequent extension of the trail has become part of the larger Chenango Canal Corridor Connections trail project to link various trails along the corridor from Utica to Binghamton. Additional information is available at www.chenangocanal.org.

Terrain: Flat

Length: 4.5 miles

Configuration: Point to Point

Surface and Riding Type: Stone Dust, Grass, Dirt

Trailhead Locations: Route 12B/Route 233 intersection, 1.4 miles south of Clinton; the former O&W Railroad Depot, Route 315 in Deansboro; Burnham Road, Marshall and Van Hying Road, Marshall.



Trailhead at the former O & W Railroad Depot, Deansboro.



Placards identify plants and trees along the trail.



This trail offers a unique experience as trees create a tunnel effect over portions of the trail.



The trail runs along an old railroad bed offering a flat ride and scenic views off each side.

Erie Canalway Trail

See Maps C, C-1, D, D-1, E, G, G-1, G-2, H and H-1

The Erie Canalway is one of the country's most historic corridors. The Erie Canalway Trail, when completed, will be a 524-mile multi-use trail along the Erie, Champlain, Oswego, and Cayuga-Seneca canals. It will be the nation's longest historic and multi-use trail. The trail is typically 10-feet wide with surfaces ranging from asphalt in urban areas to packed stone dust in rural areas. Listed below are the completed segments (in order from west to east) of the Erie Canalway Trail in Oneida and Herkimer Counties. For more information contact the New York State Canal Corporation at www.nyscanals.gov.



THE ERIE CANALWAY TRAIL IN ONEIDA COUNTY

Durhamville to Erie Canal Village (Rome) (14.41 miles)

This trail segment stretches 14.41 miles from Syracuse to Rome along the Old Erie Canal towpath, traveling through the Old Erie Canal State Park between State Bridge and Rome. There are on-road links using Canal Street between Durhamville and State Bridge and Lock Road in the vicinity of Lock 21 near Stacy Basin.

CAUTION: The trail traverses the downstream gate at Lock 21. Walk your bike carefully when crossing.

Belamy Harbor Park (Rome) to North Genesee Utica (15.73 miles)

This 15.73 mile trail segment travels near the Oriskany Battlefield State Historic Site and through the Oriskany Flatts State Wildlife Management Area. The trail passes through Lock 20 in Marcy which offers picnic areas and campsites before continuing to the parking area just off North Genesee Street in Utica. The trail surface is stone dust between Oriskany and Route 291 and asphalt between Route 291 and Utica. There is also a trail spur that winds through the Utica Marsh to Route 49 (River Road) in Marcy and an on-road connection across Route 49 along Flanagan Road which connects to the State University of New York Polytechnic Institute.



THE ERIE CANALWAY TRAIL IN HERKIMER COUNTY

Herkimer (2.18 miles)

This 2.18-mile trail segment runs along Route 5S from the intersection of Routes 5S and 28 in Mohawk to the Fort Herkimer State Historic Site in German Flatts where there is a pavilion and picnic area. A project is currently underway to complete the next section of the trail from the Fort Herkimer State Historic Site to Lock 18.

Little Falls (8.36 miles)

This segment begins at a trail crossing on State Route 167 and continues to the Little Falls Marina, Lock 17, and the Herkimer Home State Historic Site before continuing out of Herkimer County. The surface is asphalt from State Route 167 to Finks Basin Road and stone dust east of Finks Basin Road.

NOTE: Bicyclists are asked to walk their bicycles on Herkimer Home grounds.



Erie Canal Trailhead/Parking Area Locations

Name of Parking Area	Approximate Address*
Mills Road	6044 State Route 46, Durhamville, NY 13054 (Verona)
Lock 21	7176 Lock Rd., Rome, NY 13440 (Verona)
Erie Canal Village	5796 Rome New London Rd., Rome, NY 13440 (Rome-Outside)
Bellamy Harbor Park	324 Harbor Way, Rome, NY 13440 (Rome-Inside)
365 West Near Ramp	6867 Rome Oriskany Rd., Rome, NY 13440 (Rome-Outside)
Oriskany Ramp Rt. 49	181 River St., Whitesboro, NY 13492 (Whitestown)
Oriskany Street	8415 State Route 69, Oriskany, NY 13424 (Oriskany Village)
Marcy Canal Way Trail Parking	5860 State Route 291, Marcy, NY 13403 (Marcy)
Lock 20 Marcy	9028 River Rd., Marcy, NY 13403 (Marcy)
Cavanaugh Road & Mohawk Street	5625 Mohawk St., Marcy, NY 13403 (Marcy)
Utica Marina/ DOT Parking	16 Harbor Lock Rd., Utica, NY 13502 (Utica City)
MOVAC Ambulance Service	(next to) 15 State Route 5S, Mohawk, NY 13407
Ft. Herkimer Church	575 State Route 5S, Mohawk, NY 13407
Little Falls Harbor	(next to) 104 Southern Ave, Little Falls, NY 13365
Little Falls Lock 17	Lock 17, Little Falls, NY 13365

*Addresses are approximate due to the fact that some parking areas are not provided with official addresses

Mohawk River Trail (MRT)

See Maps C and C-1

The Mohawk River Trail (MRT) begins at its southern terminus and trailhead at Bellamy Harbor Park. From there, the trail extends north and connects Rome's waterfront with historical sites, commercial districts, public services, local schools, city parks, the Griffiss Business and Technology Park, and residential neighborhoods, all while offering a unique multi-use trail recreational experience. The trail offers excellent scenic vistas of the Mohawk River and connects multiple greenways.

Terrain: Flat

Length: 3.97

Configuration: Point to Point

Surface and Riding Type: Asphalt

Trailhead Locations: Bellamy Harbor Park, Rome City Park, Chestnut Street Parking Area



Sections of the paved trail run along the Canal.



Bridges allow bicyclists and pedestrians to cross the Canal.



The flat paved trail provides easy riding for families with young children.



Bicyclists and pedestrians enjoy a well lit trail along the harbor.

Philip A. Rayhill Memorial Trail (South)

See Maps F and F-1

The Philip A. Rayhill Memorial Trail (South) is a 5.22 mile, handi-capped accessible, asphalt trail that parallels NYS Route 840 in the towns of New Hartford, Whitestown and the Village of New York Mills.

The trail begins at a trailhead parking lot on New Hartford Street in the Town of New Hartford and proceeds northwest into the Town of Whitestown. A recently added section of the trail, proceeds southeast from the New Hartford Street Parking Area, across the Sauquoit Creek and connects into the Village of New York Mills sidewalk system with access to Pietryka Park.

Additional trail head parking is available at Clinton Street, Clark Mills Road and Middle Settlement Road. Trail users will encounter signalized crossings at the NYS Route 5A, Consumer Square entrance, Middle Settlement Road at BOCES, Clark Mills Road and Halsey Road.

Amenities along the trail include mile marker signs at every mile in both directions, on-pavement markings at every tenth mile, trailside overlook/fishing platforms, benches and landscaping.

(Connects to Philip A. Rayhill Memorial Trail (North))

Terrain: Flat

Length: 5.22

Configuration: Point to Point

Surface and Riding Type: Asphalt

Trailhead Locations: New Hartford Street, Clinton Street and Middle Settlement Road in New Hartford; Clark Mills Road and Halsey Road in Whitestown.



Trailhead off of Route 840.



The trail connects with the Town of Whitestown's trail system along Middle Settlement Road.



Two overlook platforms allow trail users access to fishing and a view of the wildlife.



Recently completed section connects the Rayhill Trail to New York Mills.

Philip A. Rayhill Memorial Trail (North)

See Maps F and F-1

The Philip A. Rayhill Memorial Trail (North) is a 4.95 mile section of the Rayhill Trail that connects to the Whitestown Community Center, the Whitestown sidewalk system and the Whitestown Park using a variety of paved on and off road surfaces.

This section of the trail begins at a trailhead parking lot at the intersection of Clark Mills Road and Route 840 in the Town of New Hartford and proceeds north towards Whitestown.

Although the majority of this trail traverses independent paved surfaces and sidewalks, a portion of the trail from Halsey Road to Westmoreland Road along Judd Road (Rt. 840) utilizes the widened road shoulder.

(Connects to Philip A. Rayhill Memorial Trail (South))

Terrain: Flat and Moderate Slope

Length: 4.95 miles

Configuration: Loop

Surface and Riding Type: Asphalt and Sidewalk

Trailhead Location: Clark Mills Road and Westmoreland Road.



The trail connects to Whitestown Park.



Whitestown park offers picnic areas, playgrounds, bathrooms, and many other amenities to trail users.



The trail connects to the Whitestown sidewalk system and a parking area at the Whitestown Community Center.



The smooth surface is ideal for all trail users.

TOBIE Trail

See Maps A and A-1

TOBIE is an acronym for the towns, villages and hamlets of Thendara, Old Forge, Big Moose, Inlet, and Eagle Bay. The TOBIE trail passes through each of these municipalities. The trail surface is a combination of paved off-road and on-road sections and variable terrain between populated areas. More than 100 mountain biking trails ranging from easy to expert can be accessed from the TOBIE trail or along Route 28. (adktrailmap.com) Bike rentals are available in Old Forge and Inlet.

Terrain: Variable; some upgrade combined with flat sections and rolling hills.

Length: 16.81 miles

Configuration: Point to Point

Surface and Riding Type: Stone dust, dirt, sand and paved off-road and on-road sections.

Trailhead Locations: Thendara at the Adirondack Railroad Train Station, Old Forge Lake Front, North Street Hildebrandt Recreation Center, Eagle Bay Welcome Center, Rocky Mountain Parking Area, Inlet Town Park



Eagle Bay Welcome Center and picnic area located on Tobie Trail.



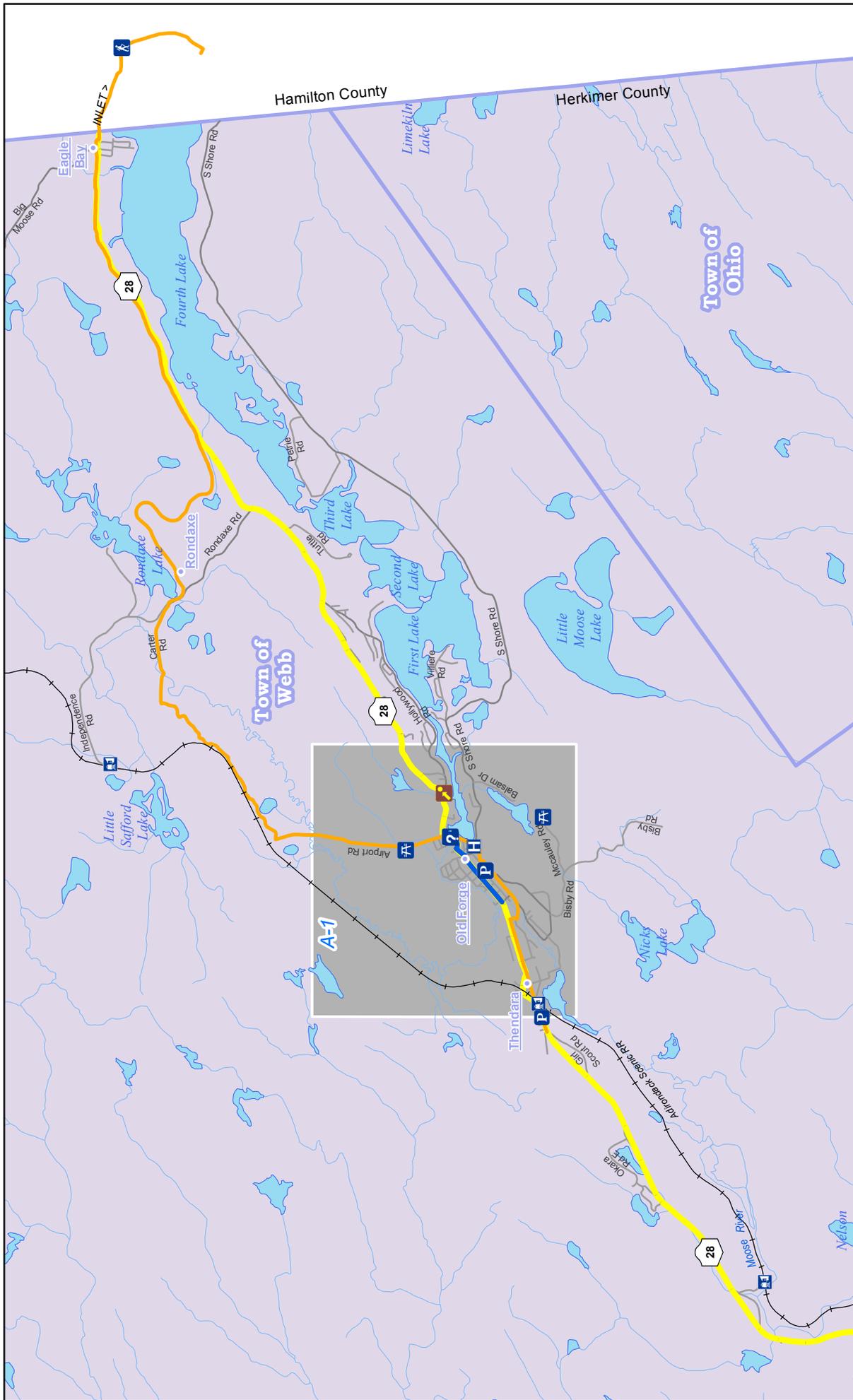
Tobie Trail connection to the Maple Ridge/McCauley Mountain hike, bike and fitness trails.



There are a variety of surfaces throughout the course of the trail. These include paved trails through town and dirt paths through scenic wooded areas.



Over 70 signs guide trail users through a network of snowmobile trails used to connect the Tobie Trail from Old Forge to Eagle Bay.



BIKE ROUTES

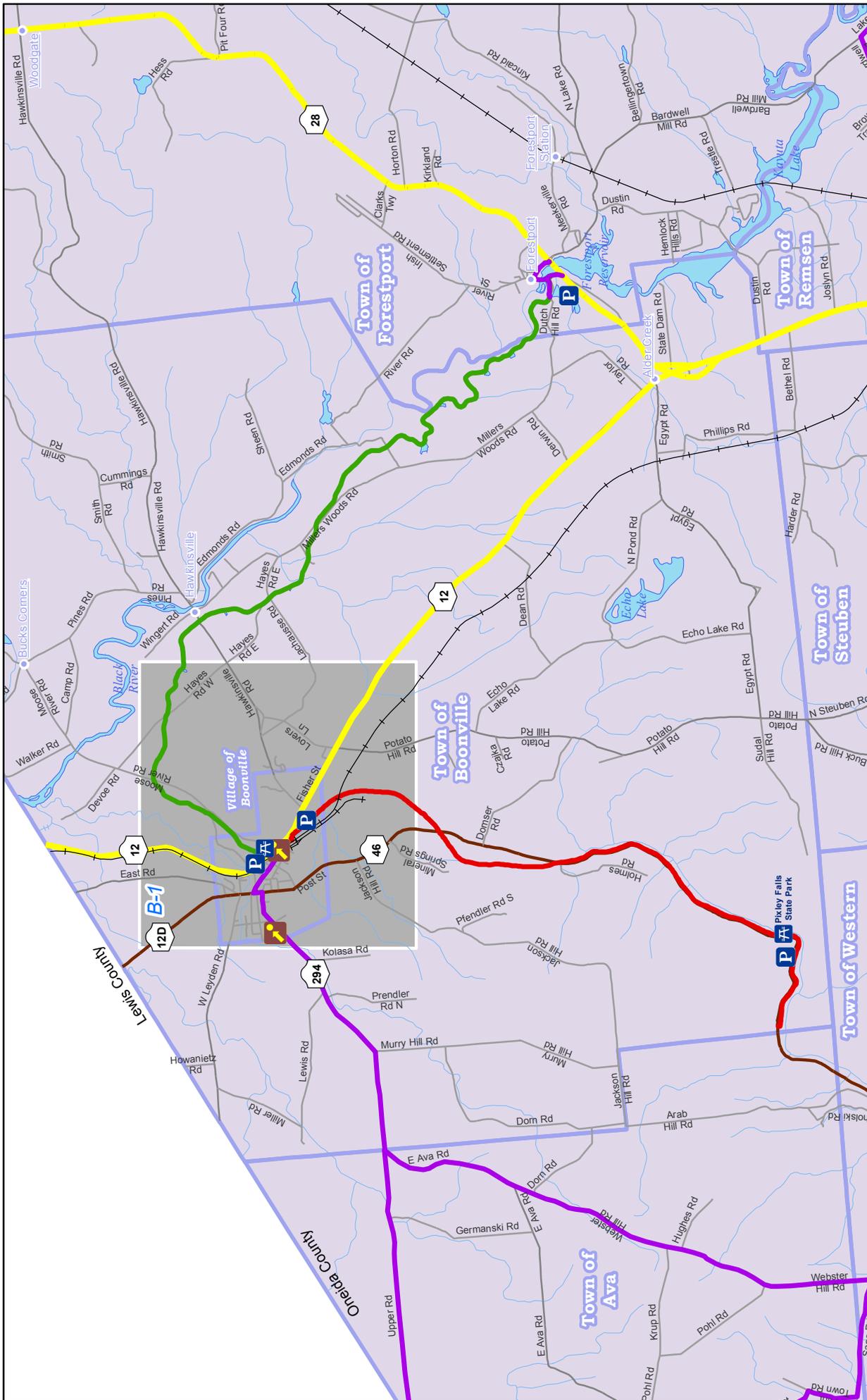
- TOBIE Trail
- Bike Lane
- NYS Bike Route

ROADS

- NYS Route
- County & Local Roads

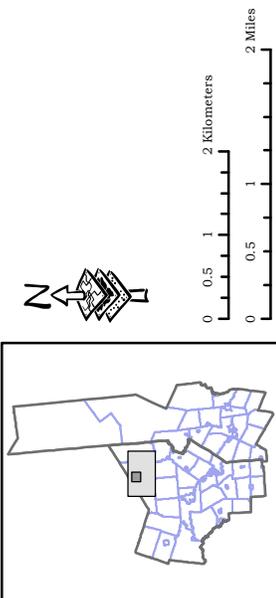
Map A
Old Forge Region
 Featured on page 17

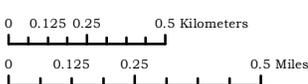
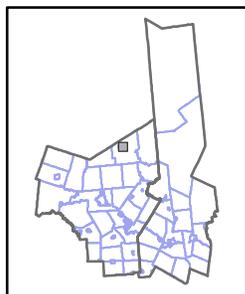
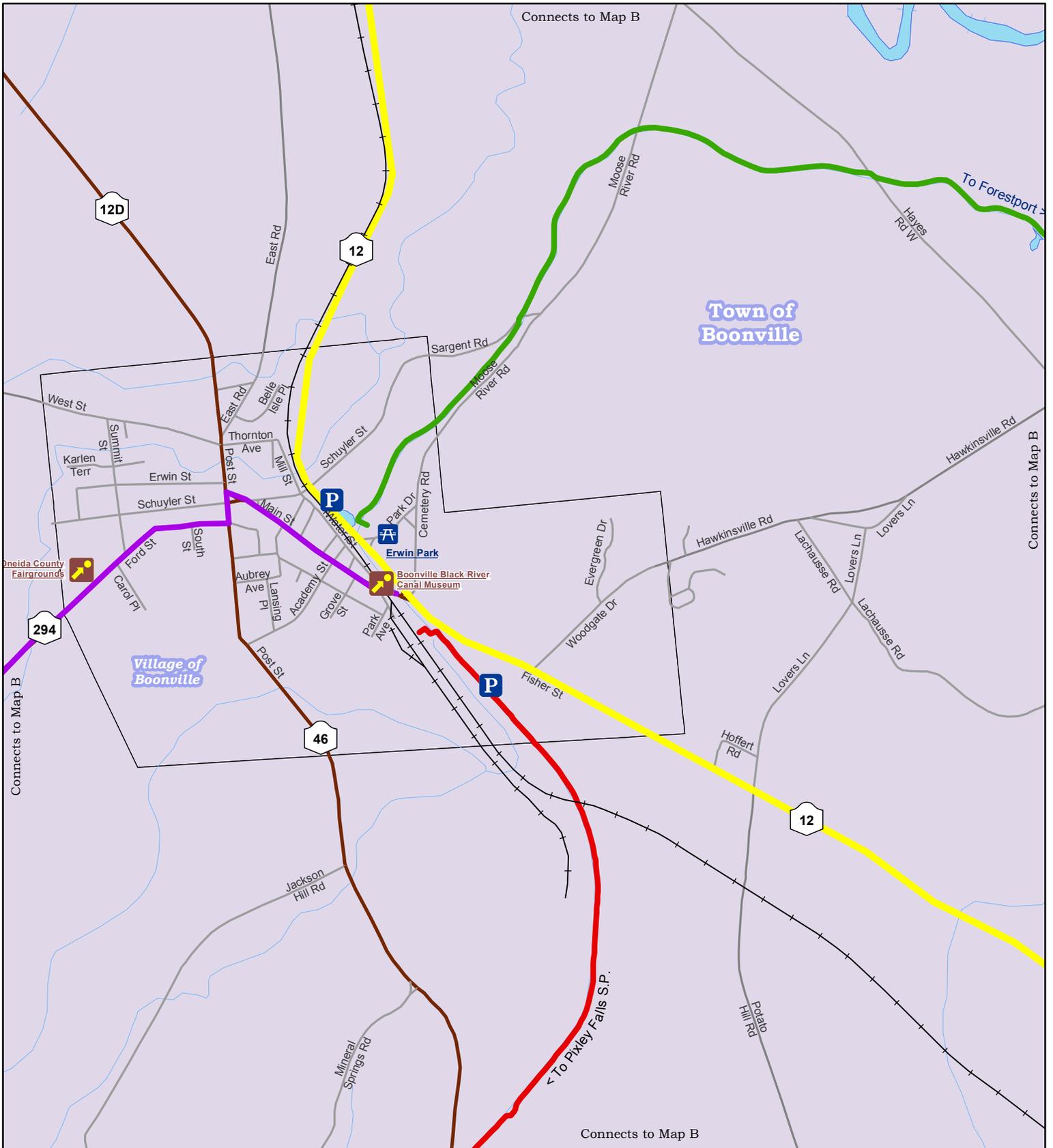
0 0.5 1 2 Kilometers
 0 0.5 1 2 Miles



- BIKE ROUTES**
- Boonville Black River Canal Trail
 - Black River Feeder Canal Trail
 - NYS Bike Route
 - Connecting Roadway
- ROADS**
- NYS Route
 - County & Local Roads

Map B
Boonville Region
 Featured on pages 9 & 10



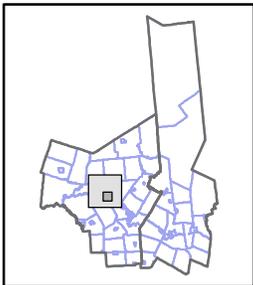
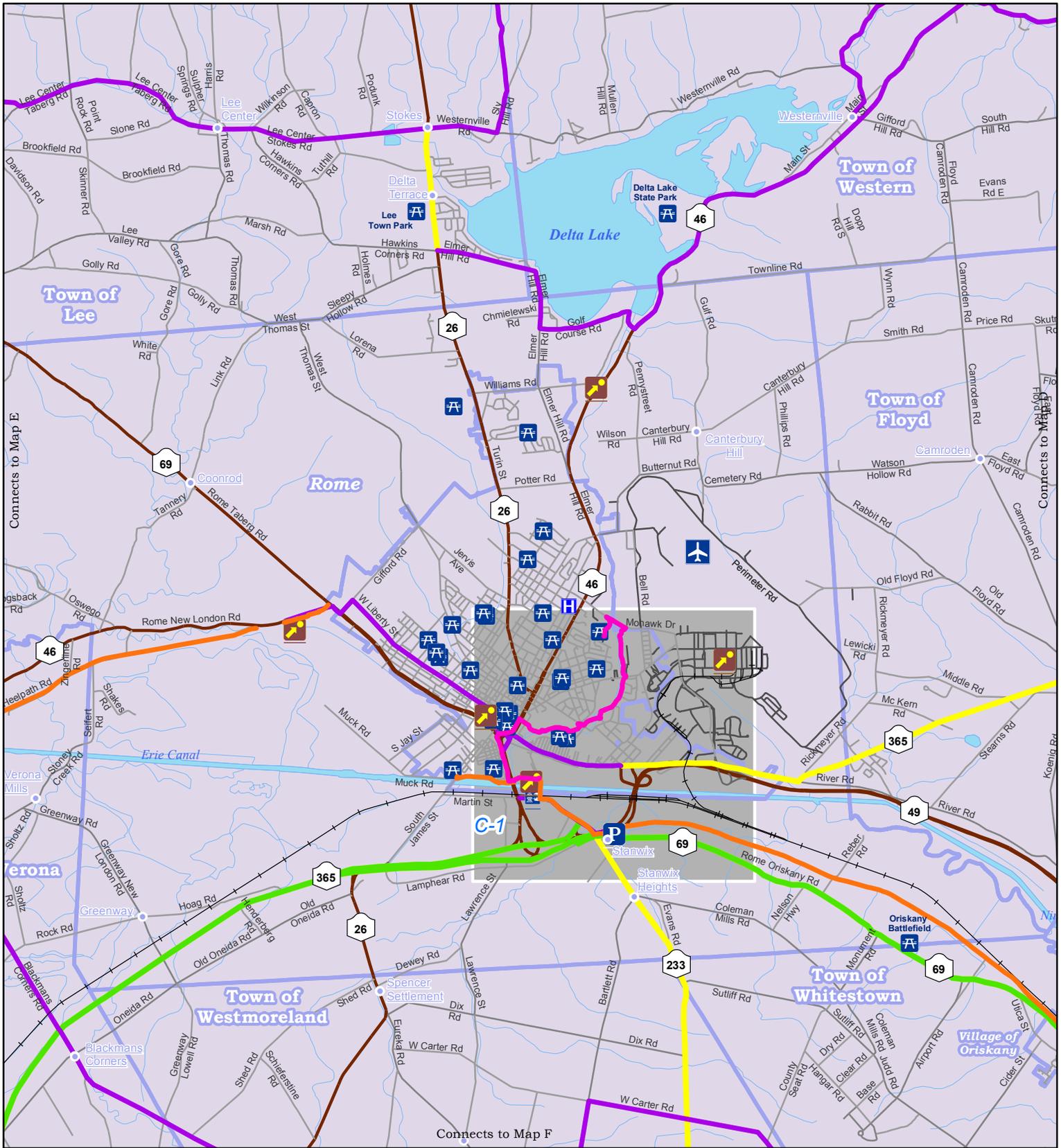


Map B-1

Village of Boonville

Featured on pages 9 & 10

- BIKE ROUTES**
- Boonville Black River Canal Trail
 - Black River Feeder Canal Trail
 - Connecting Roadway
 - NYS Bike Route
- ROADS**
- NYS Route
 - County & Local Roads



0 0.5 1 2 Kilometers

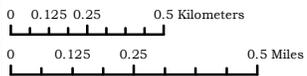
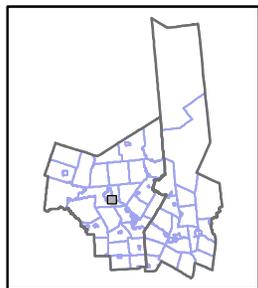
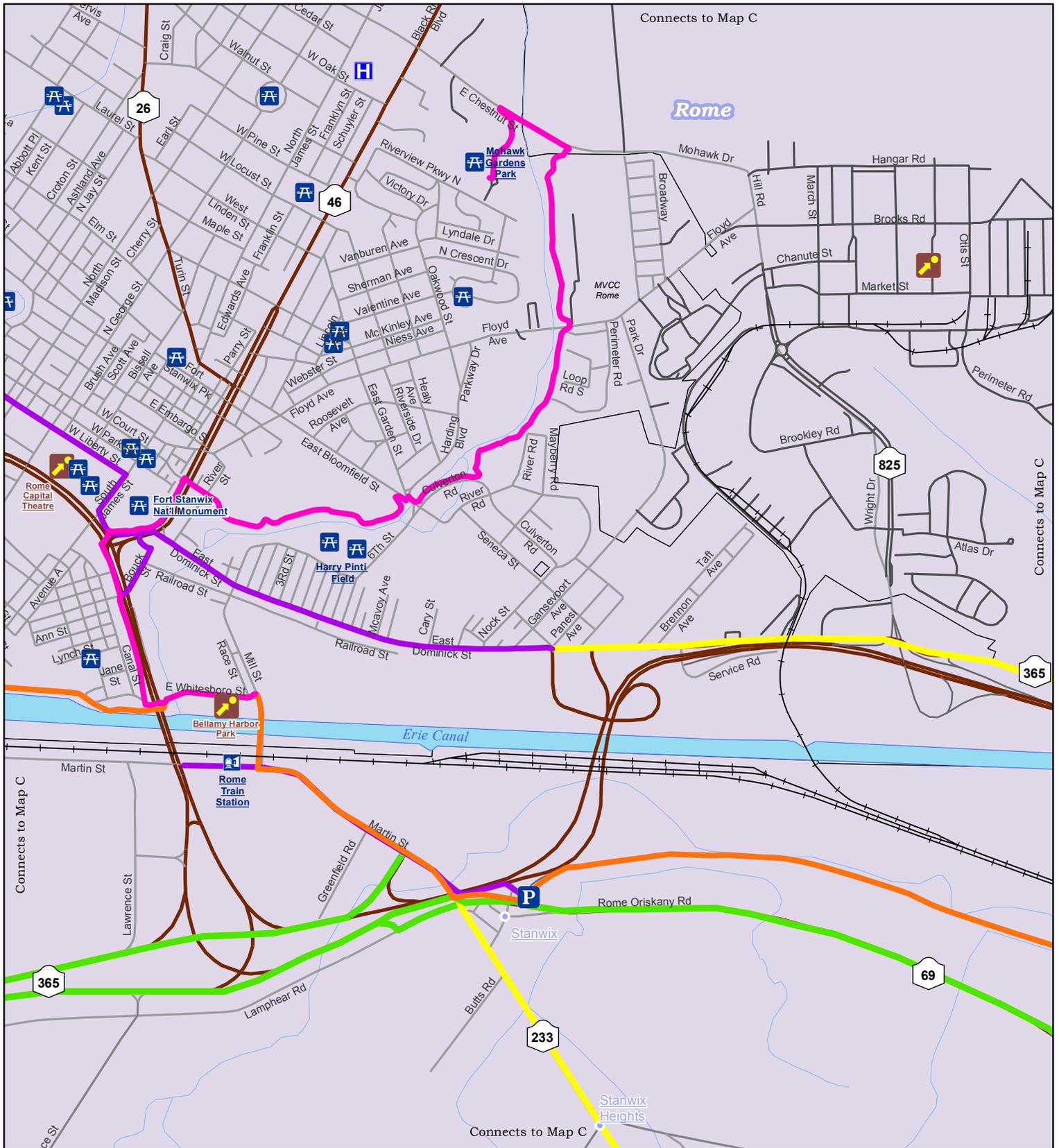
0 0.5 1 2 Miles

Map C

Rome Region

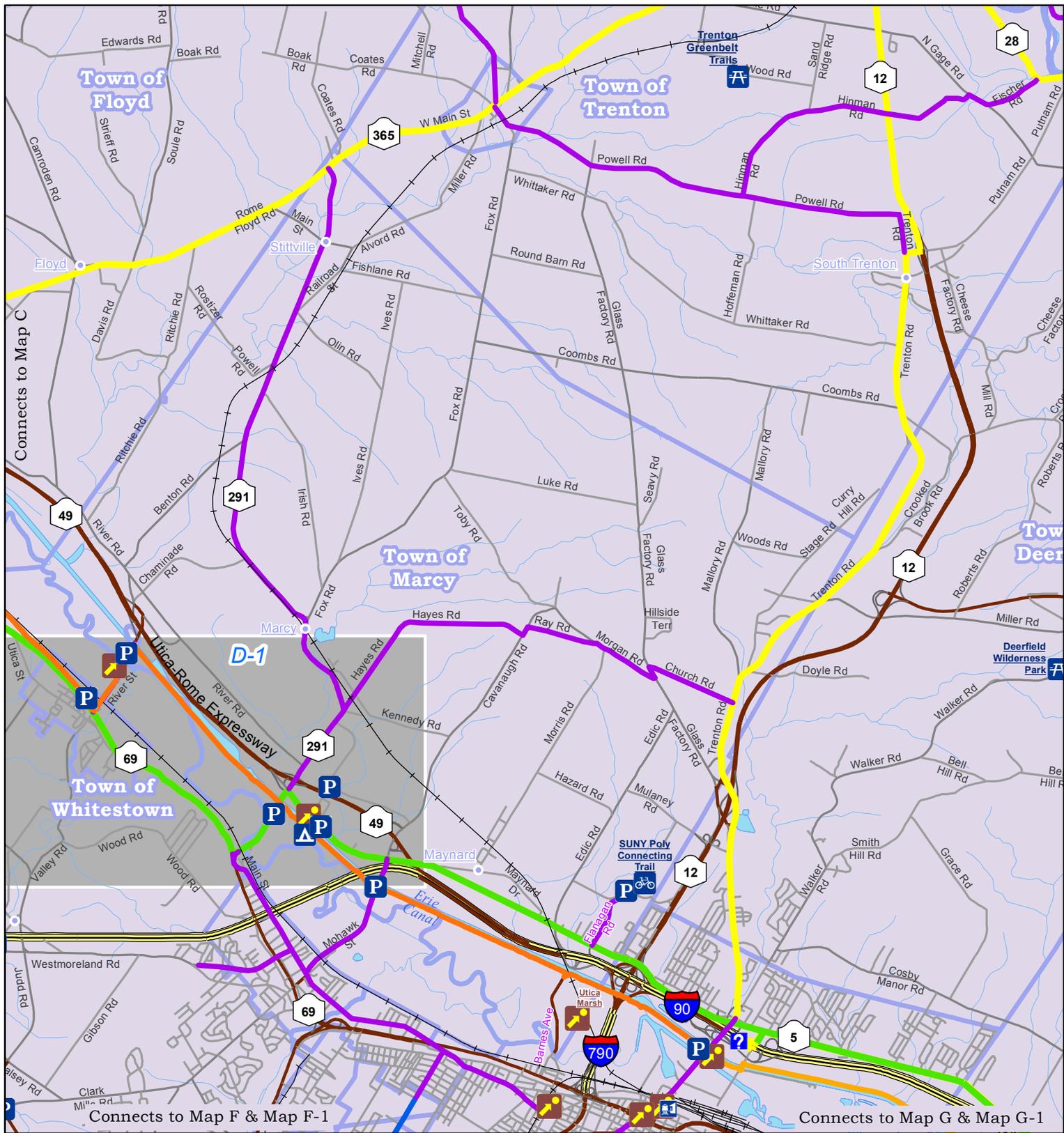
Featured on page 14

- BIKE ROUTES**
- Mohawk River Trail
 - Erie Canalway Trail
 - NYS Bike Route
 - NYS Bike Route 5
 - Connecting Roadway
- ROADS**
- NYS Route
 - County & Local Roads

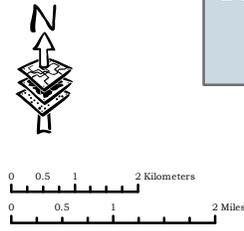
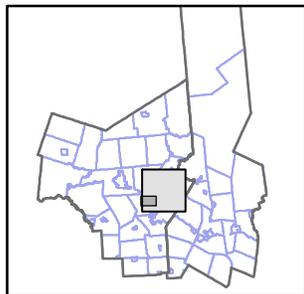


Map C-1
Rome
 Featured on page 14

- BIKE ROUTES**
- Mohawk River Trail
 - Erie Canalway Trail
 - NYS Bike Route
 - NYS Bike Route 5
 - Connecting Roadway
- ROADS**
- NYS Route
 - County & Local Roads



NOTE: Bicycles are prohibited on Route 49 (Utica-Rome Expressway) from I-790 to Route 233 and all Interstate Highways

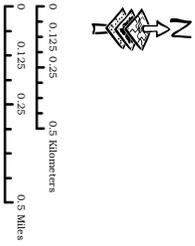
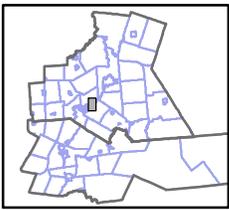


Map D

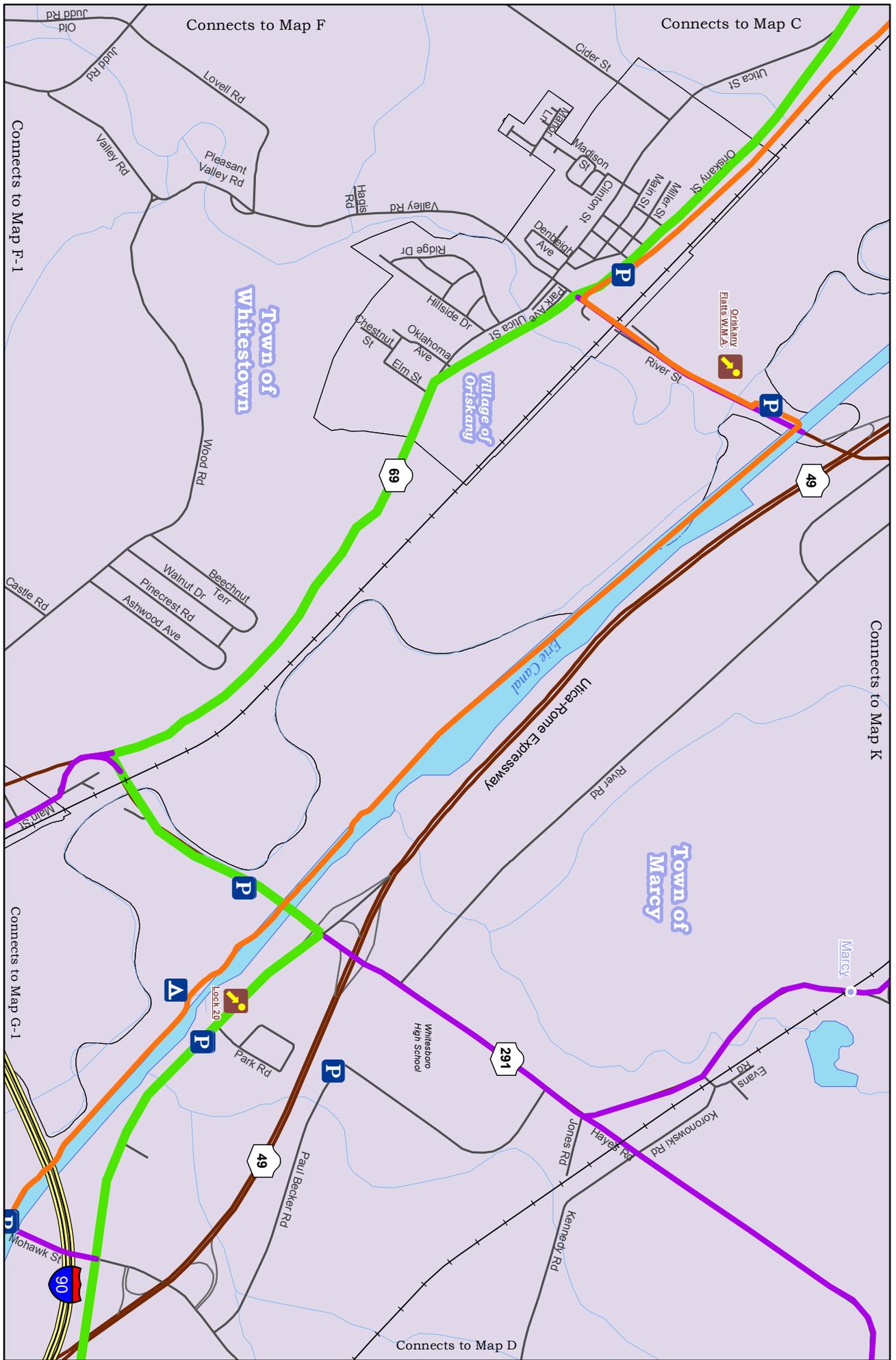
Trenton & Marcy Region

Featured on page 12 & 13

- BIKE ROUTES**
- Erie Canalway Trail
 - NYS Bike Route 5
 - NYS Bike Route
 - Connecting Roadway
- ROADS**
- NYS Route
 - County & Local Roads

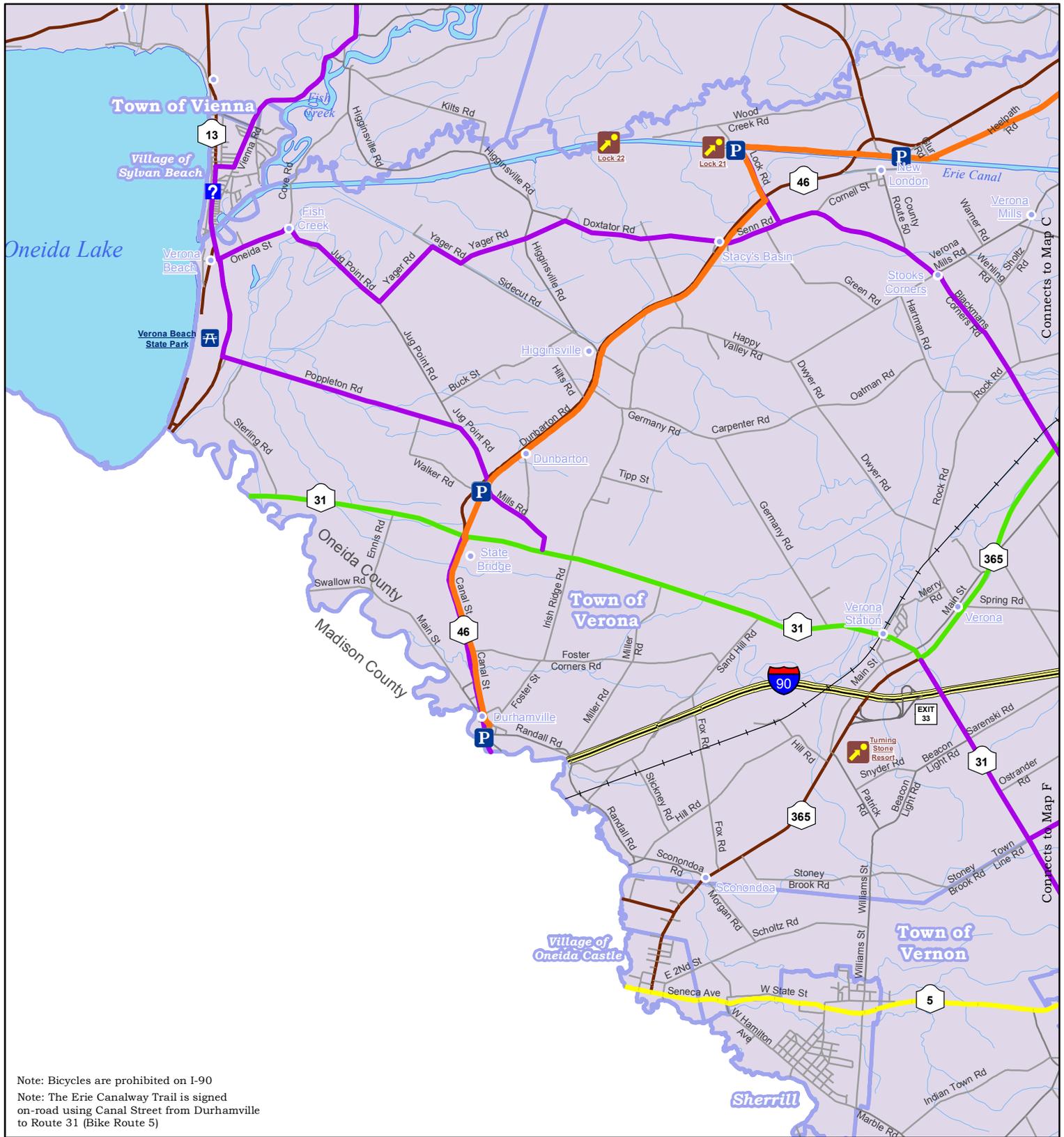


Map D-1
Marcy & Whitestown Region
 Featured on pages 12 & 13

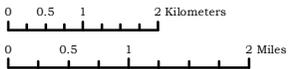
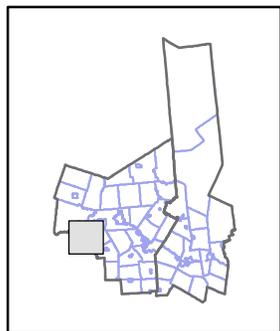


NOTE: Bicycles are prohibited on Route 49 (Utica-Rome Expressway) from I-790 to Route 233 and all Interstate Highways

- BIKE ROUTES**
- Erie Canalway Trail
 - NYS Bike Route 5
 - NYS Bike Route
 - Connecting Roadway
- ROADS**
- NYS Route
 - County & Local Roads



Note: Bicycles are prohibited on I-90
 Note: The Erie Canalway Trail is signed on-road using Canal Street from Durhamville to Route 31 (Bike Route 5)

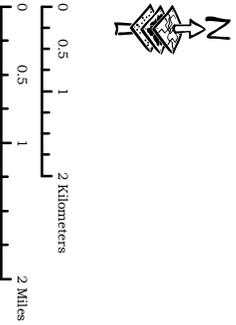
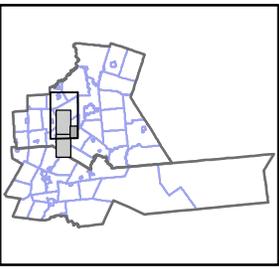
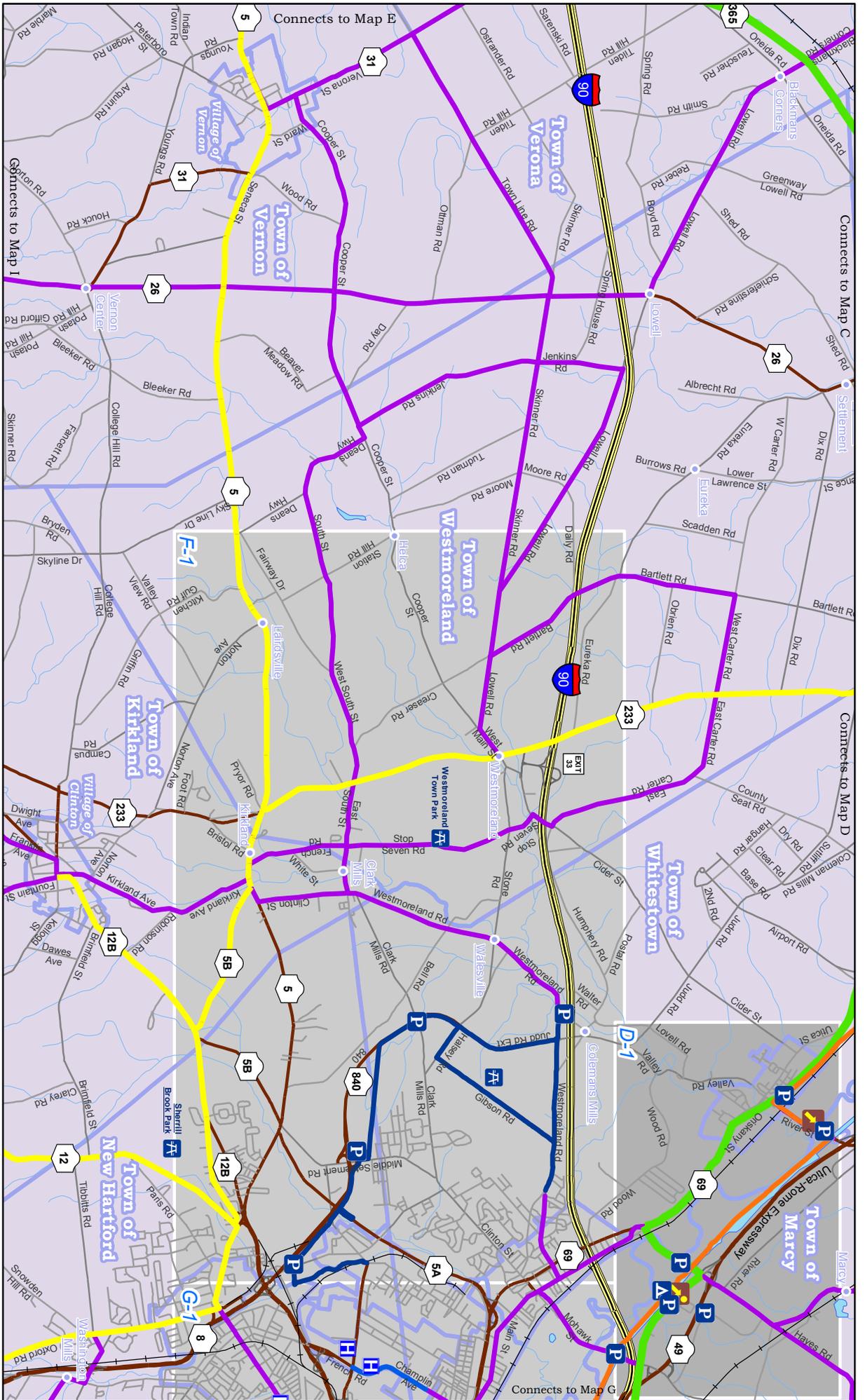


Map E

Verona Region

Featured on pages 12 & 13

- BIKE ROUTES**
- Erie Canalway Trail
 - NYS Bike Route 5
 - NYS Bike Route
 - Connecting Roadway
- ROADS**
- NYS Route
 - County & Local Roads



Map F

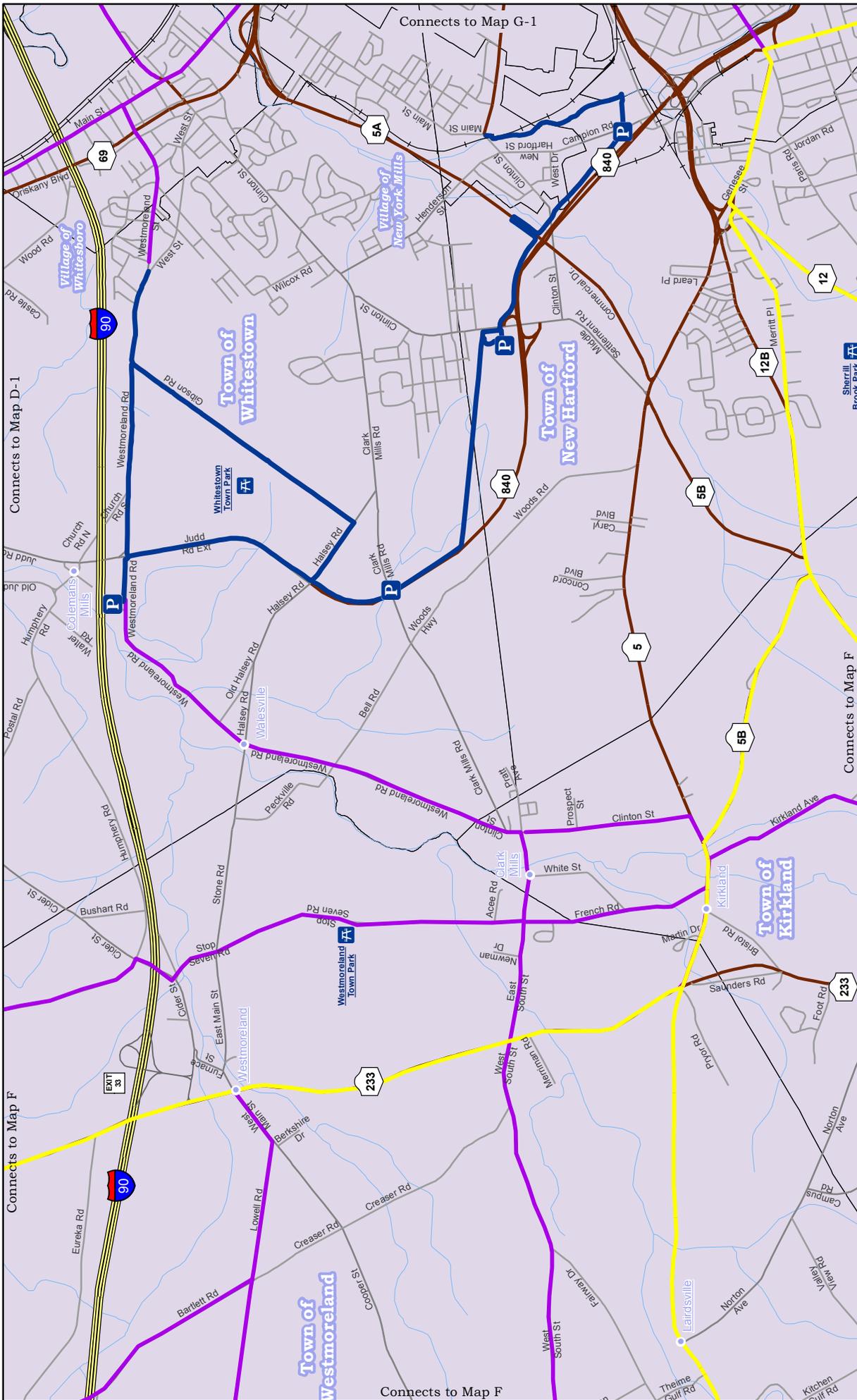
Westmoreland & Whitestown Region

Featured on pages 15 & 16

Note: Bicycles are prohibited on Route 49 (Utica-Rome Expressway) from I-790 to Route 233, and I-90

BIKE ROUTES	
	Erle Canalway Trail
	Rayhill Memorial Trail
	NYS Bike Route 5
	NYS Bike Route
	Connecting Roadway

ROADS	
	NYS Route
	County & Local Roads



BIKE ROUTES

- Rayhill Memorial Trail
- NYS Bike Route
- Connecting Roadway

ROADS

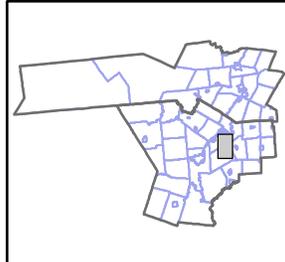
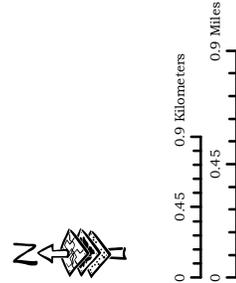
- NYS Route
- County & Local Roads

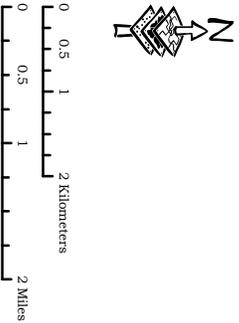
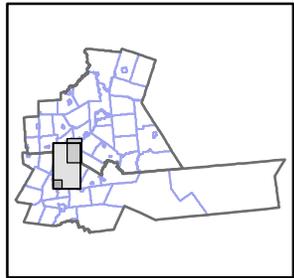
NOTE: Bicycles are prohibited on I-90

Map F-1

Whitestown, Kirkland & Westmoreland Region

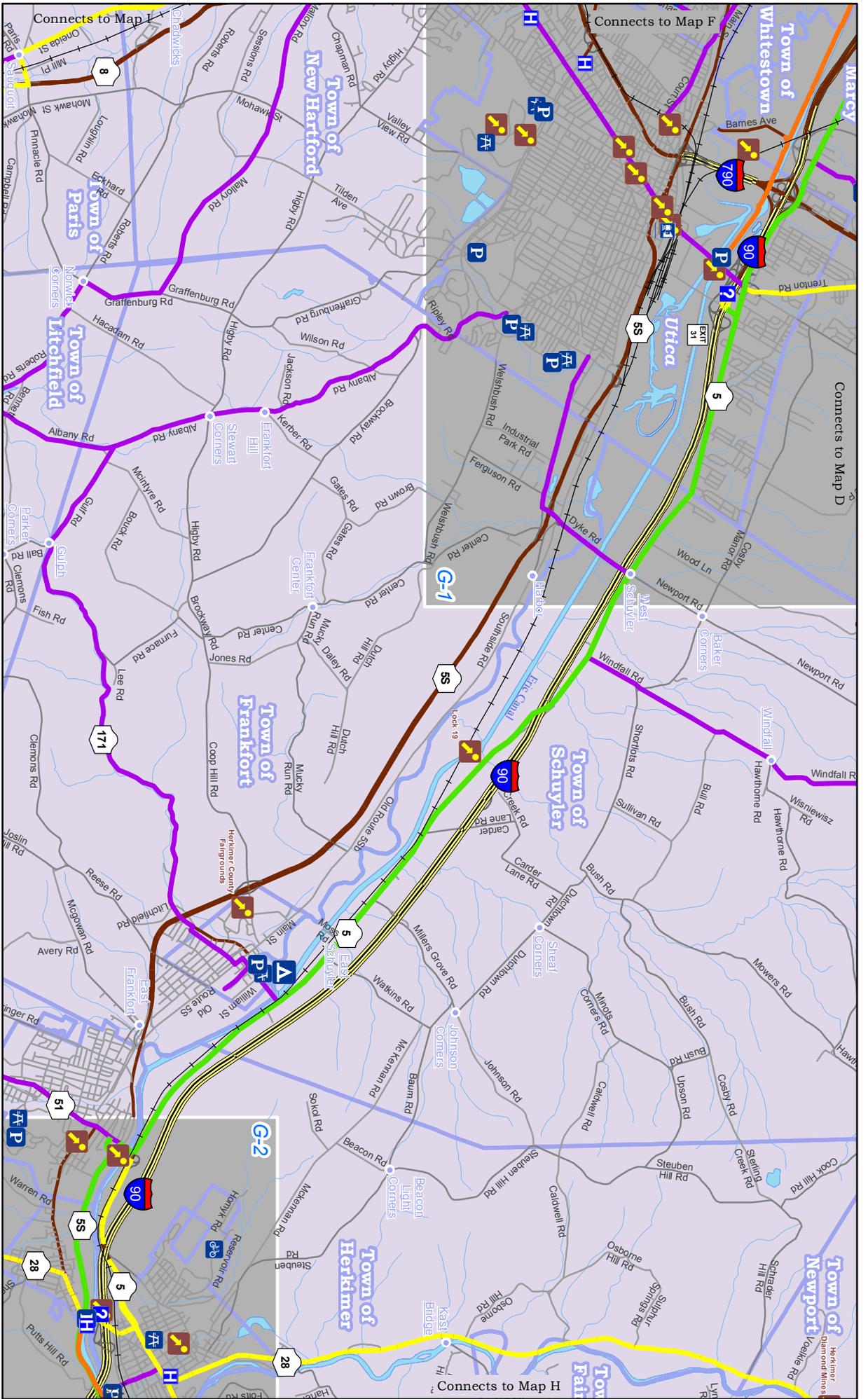
Featured on pages 15 & 16





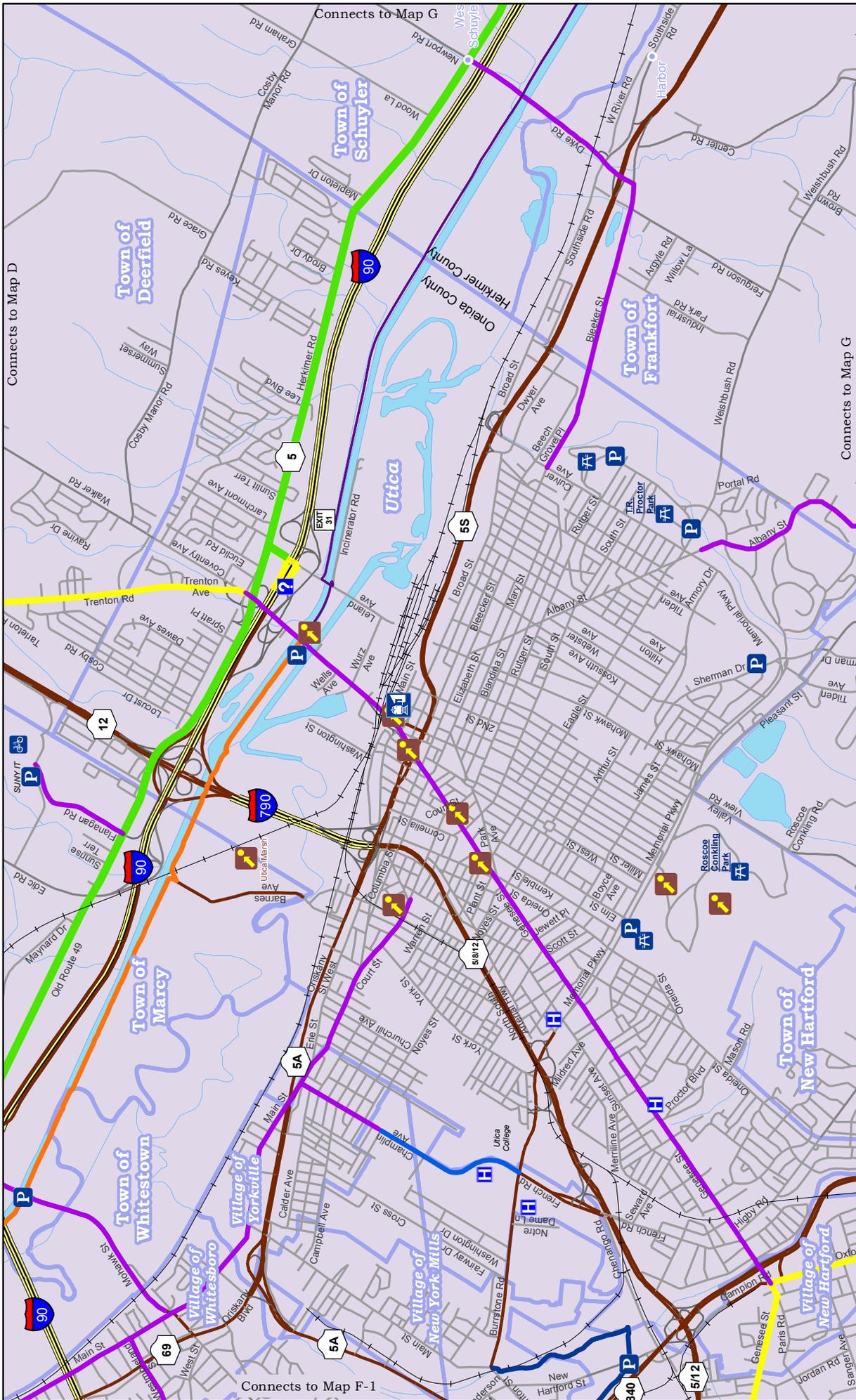
Map G

Schuylers & Frankfort Region



NOTE: Bicycles are prohibited on the North-South Arterial (Rt 5/8/12), Utica-Rome Expressway (Rt49) and all Interstate Highways

BIKE ROUTES	
	Eric Canalway Trail
	NYS Bike Route 5
	NYS Bike Route
	Connecting Roadway
ROADS	
	NYS Route
	County & Local Roads



BIKE ROUTES

- Erie Canalway Trail
- NYS Bike Route 5
- NYS Bike Route
- Connecting Roadway

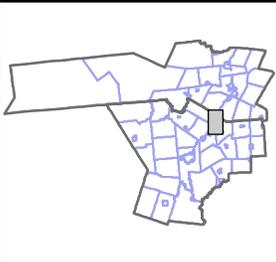
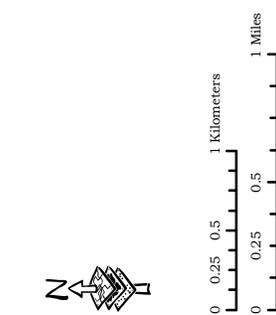
ROADS

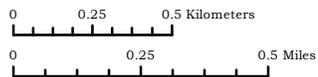
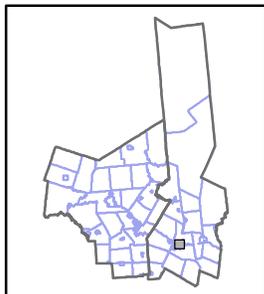
- NYS Route
- County & Local Roads

NOTE: Bicycles are prohibited on the North-South Arterial (RT 5/8/12), Utica-Rome Expressway (Rt49) and all Interstate Highways

Map G-1

Utica Region





Map G-2

Mohawk, Iliion, & Herkimer

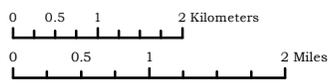
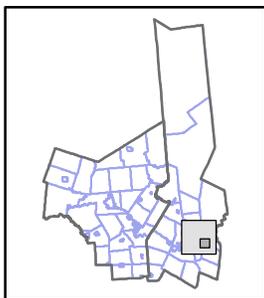
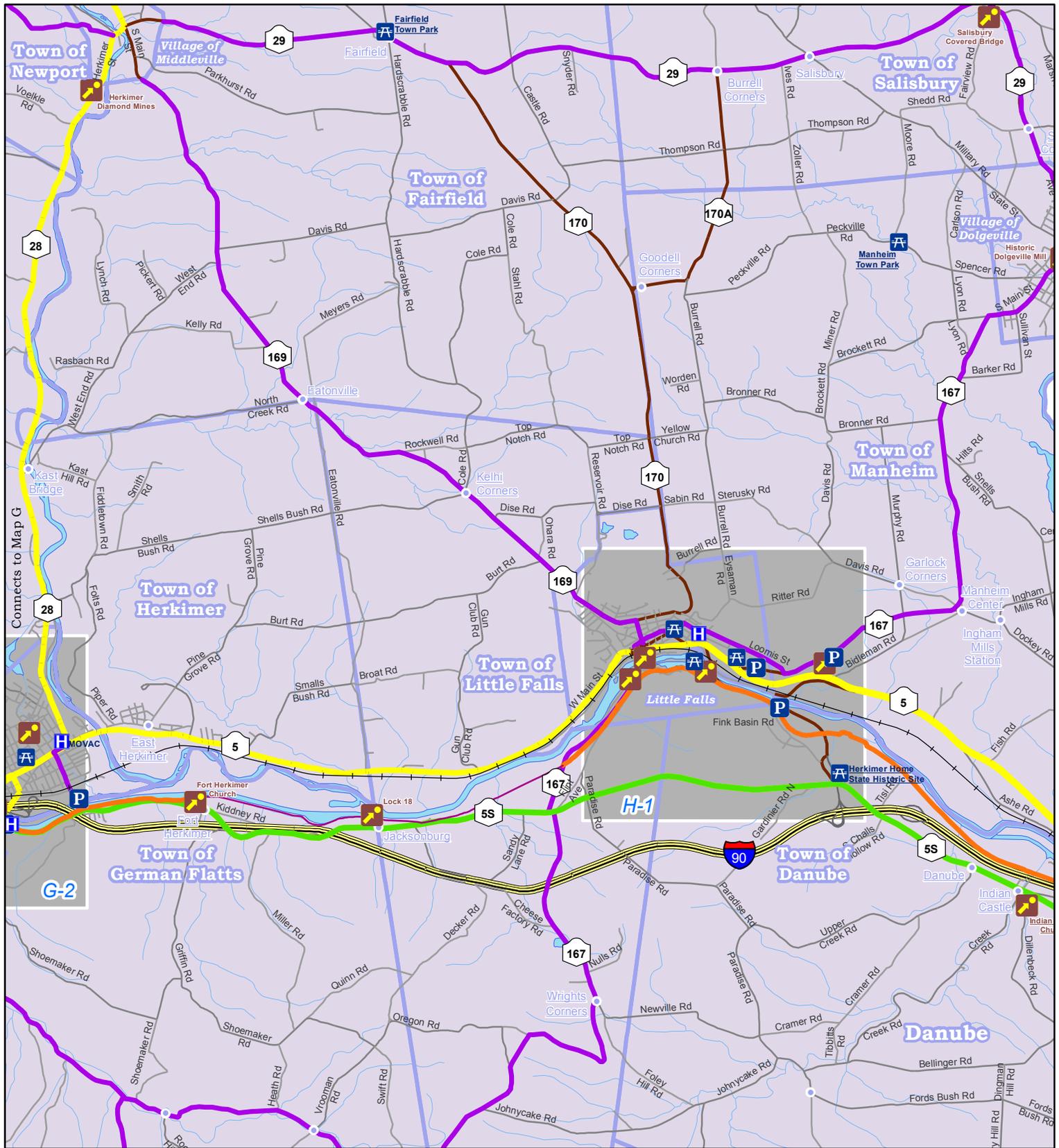
BIKE ROUTES

- Erie Canalway Trail
- NYS Bike Route 5
- NYS Bike Route
- Connecting Roadway

ROADS

- NYS Route
- County & Local Roads

NOTE: Bicycles are prohibited on Interstate Highways



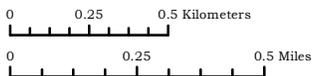
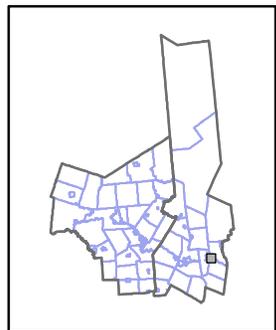
Map H

Little Falls Region

Featured on pages 12 & 13

- BIKE ROUTES**
- Erie Canalway Trail
 - NYS Bike Route 5
 - NYS Bike Route
 - Connecting Roadway
- ROADS**
- NYS Route
 - County & Local Roads

NOTE: Bicycles are prohibited on Interstate Highways



Map H-1

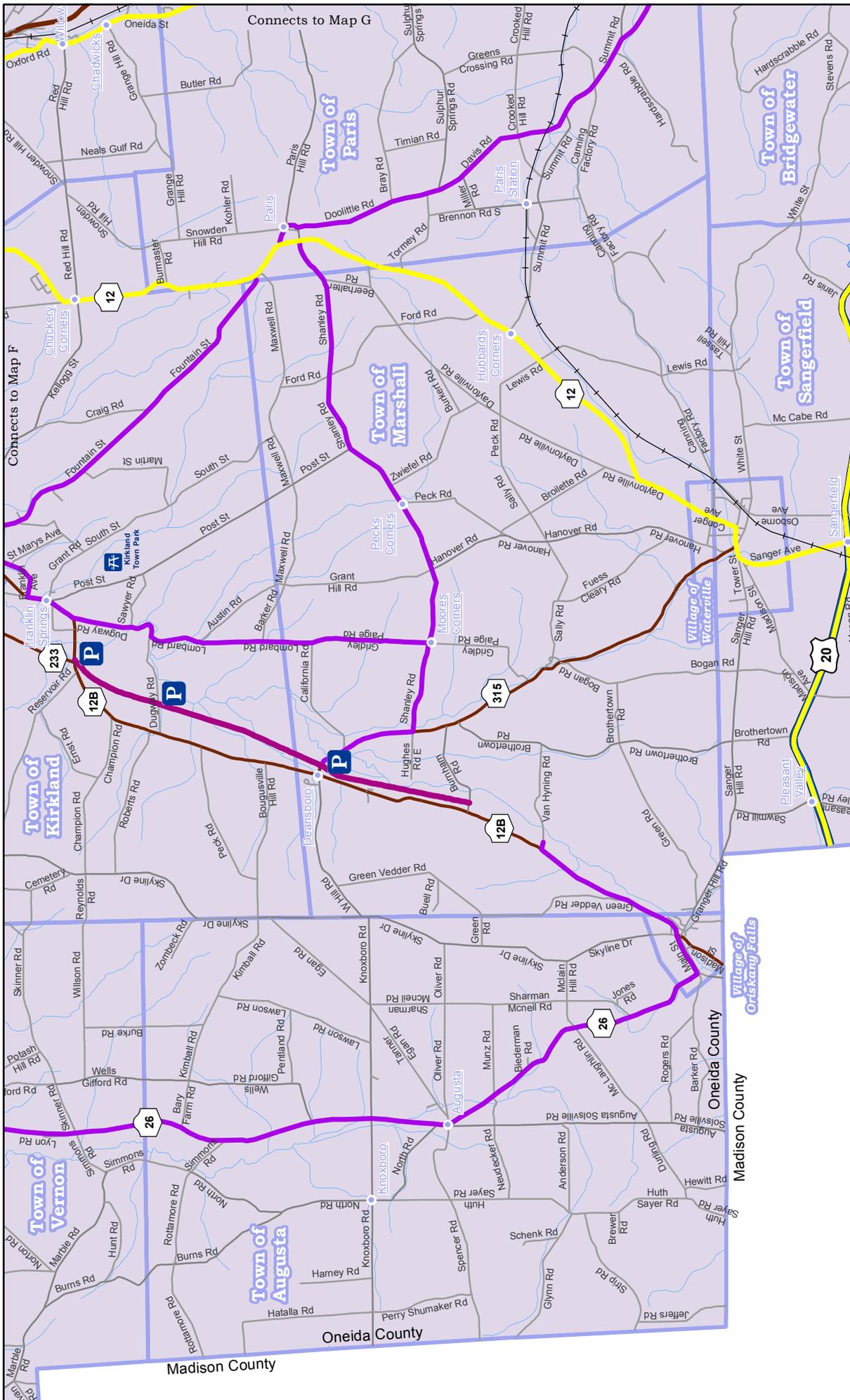
Little Falls Region

Featured on pages 12 & 13

- BIKE ROUTES**
- Erie Canalway Trail
 - NYS Bike Route 5
 - NYS Bike Route
 - Connecting Roadway
- ROADS**
- NYS Route
 - County & Local Roads

From Casler Street to Finks Basin Road, the Erie Canalway Trail is also referred to locally as the James W. Miller Miracle Mile-and-a-Half

NOTE: Bicycles are prohibited on Interstate Highways



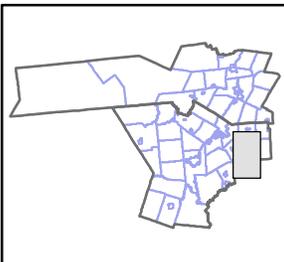
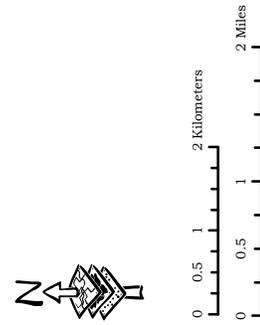
BIKE ROUTES

- Chenango Towpath Trail
- NYS Bike Route
- Connecting Roadway

ROADS

- NYS Route
- County & Local Roads

Map I
Marshall Region
Featured on page 11





Terms of Use

Outdoor recreation has a higher level of risk than most activities, and can be potentially hazardous, dangerous or even lethal. Forms of outdoor recreation referenced in this guide include hiking, biking, climbing, swimming, and backpacking. Risk is always a factor during outdoor activities and trail travel, especially when weather is unfavorable or unpredictable, or when unforeseen events or conditions create a hazardous situation. There are many other risks, both natural and/or man-made, that could lead to injury or death while traveling and engaging in activities in the outdoors.

It is the responsibility of the users of this guide to familiarize themselves with the necessary skills for safe hiking and outdoor travel. All participants must assume responsibility for their own actions and safety, exercise sound judgment, and be prepared for all types of conditions. Users should seek advice on current weather and trail conditions. Trail conditions change from day to day, and from season to season, therefore rendering any information in this guide is subject to change without warning.

Outdoor recreation presents participants with a number of potentially dangerous and possibly lethal hazards, including lightning, flooding, rain, snow, ice, hail, falling trees, falling rocks, landslides, etc. Some of the trails described cross terrain with exposed rock faces, cliffs and scrambles where fatal falls are possible, as well as bodies of water that conditions may make unsafe and/or dangerous to cross. The areas covered by this guide are also home to wildlife that may be dangerous, including but not limited to bears, snakes, and disease-carrying insects.

Although the authors of this guide try to make the information contained in the guide as accurate as possible, as well as to point out some of the potential hazards on some of the trails, they disclaim any liability for accident, loss, injury, inconvenience or any other damage that may be sustained by anyone using the information contained within this guide or on the website. Those who use this information, and those who engage in outdoor activities, do so at their own risk. You are solely responsible for using your judgment in interpreting and using this information to safely enjoy your own outdoor pursuits. While we have made every effort to ensure that the information we've provided is accurate as of the date of publication, the inclusion of information in this guide does not imply any absolute guarantee of accuracy, and travelers should always check the current weather and other conditions prior to engaging in any outdoor activity.

The information contained in this guide is not intended to replace maps, compasses or outdoor skills. The public is welcome to read trail descriptions so that they may have a general idea of what to expect on a particular trail. We take no responsibility, nor do we assume liability for inaccuracies, errors, omission, or incompleteness of any information. Oneida County and the Herkimer-Oneida Counties Transportation Study,

5 Safety Tips for Outdoor Recreation

Does your family enjoy outdoor recreation? Do you like to go hiking, bicycling, swimming or play group sports? No matter what outdoor recreation activity your family enjoys, you can do small things to ensure you stay safe.

Stay Hydrated - The hotter it is and the higher the activity level, the faster fluids are lost. Make sure you bring plenty of drinking water with you.

Know Your Limits - Know your family's usual activity level and plan your outdoor recreation activities accordingly. If your family is not very athletic, make sure you plan breaks into your day. If you are a very athletic group of people, plan activities that will keep everyone busy and moving for longer periods. Planning your activities around your family's activity level will keep injuries from occurring due to exhaustion.

Bring a First Aid Kit - You should always carry a basic first aid kit with you whenever you do any sort of outdoor recreation. You need to be able to administer basic first aid when you are away from your car, house or any populated area. Keep the first aid kit well stocked and make sure any medications have not expired.

Use Protective Gear - Whether you are walking, bicycling, hiking, or running, you need to wear the appropriate protective gear. Make sure everyone in your family has the right equipment for your activity. If you are hiking, wear appropriate sturdy shoes. If you are on wheels, make sure everyone wears their helmet.

Keep Equipment in Good Shape - Make sure all outdoor recreation equipment is in good operating condition. Check your equipment at the beginning and end of each season, when you take it out and put it away.

Courtesy of: <https://www.life360.com/blog/outdoor-recreation-5-safety-tips/>

Herkimer & Oneida Counties Bicycle and Pedestrian Trail Guide 2016



Herkimer-Oneida Counties Transportation Study

Boehlert Center at Union Station, 321 Main Street

Utica, NY 13501

2016



ETB & MWP



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