



COUNTY OF ONEIDA  
**OFFICE OF THE COUNTY EXECUTIVE**  
ONEIDA COUNTY OFFICE BUILDING  
800 PARK AVENUE  
UTICA, NEW YORK 13501  
(315) 798-5800  
FAX (315) 798-2390  
[www.ocgov.net](http://www.ocgov.net)

**ANTHONY J. PICENTE, JR.**  
County Executive  
ce@ocgov.net

## **Picente Honors Winners of “Maintain- Don’t Gain” Initiative**

Oneida County Executive Anthony J. Picente, Jr. was joined by Dr. Gayle Jones of the Oneida County Health Department to honor the winners of the “Maintain- Don’t Gain” Initiative. The Oneida County Employees honored were Michelle Jones, Donna Anglin, and Sandra Pejicic.

As part of the initiative, employees participated by registering online and recording their weight throughout the holiday season. Once registered, participants received a Physical Activity Log, Weight Log, MAINTAIN- Don’t Gain Recipe Book and a Weekly Newsletter with helpful tips.

Those who stayed within one pound of their pre-holiday weight received a Completion Certificate and in some cases a chance to win prizes sponsored by their employer.